

Ministry of Health
Oswaldo Cruz Foundation



ELSI
BRASIL

Brazilian Longitudinal
Study of Aging

INDIVIDUAL
INTERVIEW

Identification of the household and the respondent

iddom	Household ID	_ _ _ _ _ _ _
IDind	Resident ID	_ _ _ _ _ _ _
nasc	Could you tell me your date of birth?	_ _ _ _ _ _ _
nome	Name of the interviewee	_ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _
end	Address: Street/Avenue	_ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _
bairro	County (neighborhood)	_ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _
num	Number	_ _ _ _ _ _ _
compl	Additional information	_ _ _ _ _ _ _
cep	Zip Code	_ _ _ _ _ _ _ - _ _ _ _
cidade	CITY	
estado	STATE	
entrevist	Name of the interviewer <i>Fill in your full name.</i>	_ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

Section E: Sociodemographic characteristics

IDdom	HOUSEHOLD ID	_ _ _ _ _ _ _ _
idind	Individual ID	_ _ _ _ _ _ _ _
nasc	Date of birth	_ _ _ _ D _ _ _ M _ _ _ _ YR
E0	Age at the interview	_ _ _ _
E1	Sex	1) Male 2) Female
e2	Were you born in Brazil?	(0) No (1) Yes (GO TO e4) (9) Didn't know/didn't answer (GO TO e5)
e3	How old were you when you moved to Brazil?	_ _ _ years (GO TO e5) (999) Didn't know/didn't answer (GO TO e5)
e5	How long have you been living in this municipality?	_ _ _ years (0) Less than 1 year (999) Didn't know/didn't answer
e6	Have you lived in a rural area until age 15?	(0) No (1) Yes (9) Didn't know/didn't answer
e7	What is your current marital status?	(1) Single (GO TO e9) (2) Married/ Common-law marriage/live together (3) Divorced or separated (4) Widow(er)
e8	How long have you been (repeat the current marital status mentioned on the previous question)?	_ _ _ years (00) Less than 1 year (999) Didn't know/didn't answer
e9	Which of the following options best describes your race? <i>Read the alternatives and respect the interviewee's choice.</i>	(1) White (2) Black (3) Brown (4) Yellow (Asian descent, Japanese, Chinese, Korean etc.) (5) Indigenous (9) Didn't know/didn't answer
e10	Do you have any indigenous relative? Please, consider only relatives to the second degree (parents, siblings, uncle/aunt, nephew/niece, grandparents, grandchildren, half-siblings).	(0) No (1) Yes (9) Didn't know/didn't answer
	Now I will ask you some questions about your family	
e11	How many live children do you have?	_ _ _ (00) None (99) Didn't know/didn't answer
e12	How many live grandchildren do you have?	_ _ _ (00) None (999) Didn't know/didn't answer
e13	How many live siblings do you have?	_ _ _ (00) None (99) Didn't know/didn't answer

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e14	Is your biological mother alive?	(0) No (GO TO e16) (1) Yes (9) Didn't know/didn't answer (GO TO e18)
e15	How old is she? <i>It can be the approximate age.</i>	_ _ _ years (GO TO e17) (999) Didn't know/didn't answer
e16	How old was she when she died?	_ _ _ years (999) Didn't know/didn't answer
e17	What is (was) the level of education of your mother? <i>Read the alternatives to the respondent and check only one.</i>	(1) Does/did not know how to read and write/never studied (2) Has/had not completed elementary school (3) Has/had completed elementary school (4) Has/had completed middle school (5) Has/had completed high school (normal, scientific, classic, GED) (6) Has/had college degree (9) Didn't know/didn't answer
e18	Is your biological father alive?	(0) No (GO TO e20) (1) Yes (9) Didn't know/didn't answer (GO TO e22)
e19	How old is he? <i>It can be the approximate age.</i>	_ _ _ years (GO TO e21) (999) Didn't know/didn't answer
e20	How old was he when he died?	_ _ _ years (999) Didn't know/didn't answer
e21	What is (was) the level of education of your father? <i>Read the alternatives to the respondent and check only one.</i>	(1) Does/did not know how to read and write/never studied (2) Has/had not completed elementary school (3) Has/had completed elementary school (4) Has/had completed middle school (5) Has/had completed high school (normal, scientific, classic, GED) (6) Has/had college degree (9) Didn't know/didn't answer

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e22	<p>What was the highest grade in school that you completed?</p> <p><i>If the answer is not spontaneous, read the alternatives to the respondent.</i></p> <p><i>When the interviewee has college complete, ask if he/she got a specialization, master's or doctorate degree, if he/she does not respond spontaneously.</i></p>	<p>(1) Never studied (GO TO e24)</p> <p>(2) 1st Grade (Elementary School)</p> <p>(3) 2nd Grade</p> <p>(4) 3rd Grade</p> <p>(5) 4th Grade</p> <p>(6) 5th Grade</p> <p>(7) 6th Grade (Middle School)</p> <p>(8) 7th Grade</p> <p>(9) 8th Grade</p> <p>(10) 9th Grade (High School)</p> <p>(11) 10th Grade</p> <p>(12) 11/12th Grade</p> <p>(13) GED</p> <p>(14) Some college (incomplete)</p> <p>(15) College complete</p> <p>(16) Specialization/medical residency</p> <p>(17) Master's degree</p> <p>(18) Doctoral degree/PhD</p> <p>(99) Didn't know/didn't answer</p>
e23	How old were you when you started school?	<p>(00) Never studied</p> <p> _ _ years</p> <p>(999) Didn't know/didn't answer</p>
e24	Are you currently attending the University for the Elderly (<i>Universidade da Terceira Idade</i>)?	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>
e25_1	Are you currently attending any informal course?	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>
e25_2	Are you currently attending any course of Foreign language?	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>
e25_3	Are you currently attending any course of data processing or computer sciences?	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>
e25_4	Are you currently attending cooking classes?	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>
e25_5	Are you currently attending tailoring classes?	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>
e25_6	Are you currently attending any Arts classes (painting, drawing, ceramics, crafts etc.)?	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>
e25_7	Are you currently attending any other informal course not mentioned before?	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>
e26	Was this section answered with someone else's assistance?	<p>(0) No</p> <p>(1) Yes, partially</p> <p>(2) Yes, totally</p>

Section F: Neighborhood

	Now let's talk about neighborhood. Neighborhood is the area where you live and perform your routine tasks, such as going to the bakery, grocery, local shops, visiting your neighbors, and going for walks. It can be also understood as the area where you know most of the people.	
f1	Interviewer: Will this interview be performed in an urban area?	(0) No (GO TO f11) (1) Yes
f2	Are there in your neighborhood houses and buildings with graffiti on the walls, broken windows, damaged walls or abandoned?	(0) No (1) Yes (9) Didn't know/didn't answer
f3	Are there in your neighborhood garbage, rubbish or tall grass on the streets, sidewalks or in vacant lots?	(0) No (1) Yes (9) Didn't know/didn't answer
f4	In your neighborhood, does the sound/noise of buses and cars bother you?	(0) No (1) Yes (9) Didn't know/didn't answer
f5	Thinking about crime and violence, which of the following sentences that I'll read best defines your neighborhood?	(1) Very safe (2) Safe (3) Very unsafe (9) Didn't know/didn't answer
f6	In the last 3 months, have you seen rats or signs of them on the street where you live?	(0) No (1) Yes (9) Didn't know/didn't answer
f7	When you leave your home, are you concerned about falling due to damaged sidewalks?	(0) No (1) Yes (9) Didn't know/didn't answer
f8	When you leave your home, are you concerned about having difficulties to hop on a bus, metro or train?	(0) No (1) Yes (9) Didn't know/didn't answer
f9	When you leave your home, are you concerned about having difficulties to cross the street?	(0) No (1) Yes (9) Didn't know/didn't answer
f10	In the PAST 12 MONTHS, were you a victim of a theft, robbery or had your home broken into? Theft: something was taken from you without you noticing. Robbery: something was taken from you by force or under the threat of a gun.	(0) No (1) Yes (9) Didn't know/didn't answer
f11	Is your neighborhood a good place to live? Read the options to the respondent.	(0) No (1) More or less (2) Yes (9) Didn't know/didn't answer
f12	Do you believe you can trust most people in your neighborhood? Read the options to the respondent.	(0) No (1) More or less (2) Yes (9) Didn't know/didn't answer

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f13	Do kids and younger people on your neighborhood treat adults with respect? <i>Read the options to the respondent.</i>	(0) No (1) More or less (2) Yes (9) Didn't know/didn't answer
f14	Is your neighborhood a good place for kids to play and to raise teenagers? <i>Read the options to the respondent.</i>	(0) No (1) More or less (2) Yes (9) Didn't know/didn't answer
f15	Is it nice to walk, jog, or ride a bicycle in your neighborhood? <i>Read the options to the respondent.</i>	(0) No (1) More or less (2) Yes (9) Didn't know/didn't answer
f16	Are there in your neighborhood grocery shops, street markets or other selling points with a variety of fresh fruits and vegetables? <i>Read the options to the respondent.</i>	(0) No (1) Yes (9) Didn't know/didn't answer
f17	Would you like to move away from where you live now?	(0) No (GO TO f21) (1) Yes (9) Didn't know/didn't answer (GO TO f21)
	What are the reasons that make you wish to move away from where you live now?	
f18	Due to the violence	(0)No (1)Yes (9) Didn't know/didn't answer
f19	To have better access to services such as health services, school, shopping etc.?	(0)No (1)Yes (9) Didn't know/didn't answer
f20	To be closer to family or to the work place?	(0)No (1)Yes (9) Didn't know/didn't answer
f21	Was this section answered with someone else's assistance?	(0) No (1) Yes, partially Yes, totally

Section G: Discrimination

g1	Do you know or have you heard about the Statute of the Elderly?	(1) Yes and has already read it (2) Yes but has never read it (GO TO g3) (3) Does not know or never heard of (GO TO g3) (9) Didn't know/didn't answer (GO TO g3)
g2	In your opinion, do you think that the Statute of the Elderly is respected in Brazil?	(0) No (1) More or less (2) Yes (9) Didn't know/didn't answer
	Now I would like to know your feelings about discrimination, in other words, disrespectful attitudes that diminish other people.	
g3_1	In your opinion, is there discrimination in your city or in the town where you live related to elderly people?	(0) No (1) Yes (9) Didn't know/didn't answer
g3_2	In your opinion, is there discrimination in your city or in the town where you live related to people with physical or mental disability?	(0) No (1) Yes (9) Didn't know/didn't answer
g3_3	In your opinion, is there discrimination in your city or in the town where you live related to people of another religion or belief?	(0) No (1) Yes (9) Didn't know/didn't answer
g3_4	In your opinion, is there discrimination in your city or in the town where you live related to African descendants?	(0) No (1) Yes (9) Didn't know/didn't answer
g3_5	In your opinion, is there discrimination in your city or in the town where you live related to poor people?	(0) No (1) Yes (9) Didn't know/didn't answer
g3_6	In your opinion, is there discrimination in your city or in the town where you live related to homosexuals/bisexuals?	(0) No (1) Yes (9) Didn't know/didn't answer
g4_1	In the PAST 12 MONTHS, have you felt a victim of any kind of discrimination when you sought medical services or health care?	(0) No (1) Yes (9) Didn't know/didn't answer
g4_2	In the PAST 12 MONTHS, have you felt a victim of any kind of discrimination in social gatherings?	(0) No (1) Yes (9) Didn't know/didn't answer
g4_3	In the PAST 12 MONTHS, have you felt a victim of any kind of discrimination in the work place?	(0) No (1) Yes (9) Didn't know/didn't answer
g4_4	In the PAST 12 MONTHS, have you felt a victim of any kind of discrimination within the family?	(0) No (1) Yes (9) Didn't know/didn't answer
g4_5	In the PAST 12 MONTHS, have you felt a victim of any kind of discrimination due to where you live?	(0) No (1) Yes (9) Didn't know/didn't answer

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g5	Was this section answered with someone else's assistance?	(0) No (1) Yes, partially (2) Yes, totally
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Section H: Life and Health History

	In this section of the interview I will ask you questions regarding your childhood and adolescence.	
h1	Were you living with your own family WHEN YOU WERE 10 YEARS OLD (parents, relatives etc.)?	(0) No (1) Yes (GO TO h3) (9) Didn't know/didn't answer (GO TO h3)
h2	Where were you living when you were 10 YEARS OLD? <i>Read the alternatives to the respondent and check only one.</i>	(1) Orphanage (GO TO h5) (2) Boarding school (GO TO h5) (3) With another family as their child (4) With another family in exchange for work (5) Other (9) Didn't know/didn't answer
h3	How many bedrooms were there in your home when you were 10 YEARS OLD? <i>Consider only the rooms used to sleep.</i>	(1) One (2) Two (3) Three (4) Four (5) Five or more (9) Didn't know/didn't answer
h4	How many people, other than you, were living in your home when you were 10 YEARS OLD?	_ _ people (999) Didn't know/didn't answer
h5	In your home, when you were 10 YEARS OLD, was there water supply with plumbing (tap water)?	(0) No (1) Yes, at least in one room (2) Yes, only in the property or grounds (9) Didn't know/didn't answer
h6	Were you in school when you were 10 YEARS OLD?	(0) No (GO TO h8) (1) Yes (9) Didn't know/didn't answer (GO TO h8)
h7	When you were 10 YEARS OLD, compared to your school friends, how would you define your school performance? <i>Read the alternatives to the respondent.</i>	(1) Much better (2) Better (3) Same as others (4) Worse than others (5) A lot worse than others (9) Didn't know/didn't answer
h8	In the place where you lived when you were 10 YEARS OLD, were there books?	(0) No (GO TO h10) (1) Yes (9) Didn't know/didn't answer (GO TO h10)

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h9	<p>Approximately, how many books were there in the place where you were living when you were 10 YEARS OLD?</p> <p><i>Do not consider magazines, newspapers or school books.</i></p> <p><i>Read the alternatives to the respondent.</i></p>	<p>(1) None or very few (0 to 10 books)</p> <p>(2) Enough to fill one shelf (11-25 books)</p> <p>(3) Enough to fill a bookcase (26-100 books)</p> <p>(4) Enough to fill two bookcases or more (100 or more books)</p> <p>(9) Didn't know/didn't answer</p>
	Now, think about your childhood, from your birth to 15 years of age.	
h10	<p>Considering your childhood, since your BIRTH TO 15 YEARS OF AGE, you would say that your family:</p> <p><i>Read all the alternatives to the respondent and check the one that prevailed for a longer period of time.</i></p>	<p>(1) Was pretty well off financially (above average)</p> <p>(2) Was about average</p> <p>(3) Was poor</p> <p>(4) The financial status varied a lot</p> <p>(9) Didn't know/didn't answer</p>
h11	<p>Would you say that your health, since your BIRTH TO 15 YEARS OF AGE, was:</p> <p><i>Read the alternatives to the respondent.</i></p>	<p>(1) Excellent or very good</p> <p>(2) Good</p> <p>(3) Fair</p> <p>(4) Bad</p> <p>(9) Didn't know/didn't answer</p>
h12	Up to 15 YEARS OF AGE, were you absent from school FOR A MONTH OR LONGER due to health issues?	<p>(0) No</p> <p>(1) Yes</p> <p>(2) Did not go to school until 15 years old</p> <p>(9) Didn't know/didn't answer</p>
	From birth until you were 15 years old, did you have any of the following diseases:	
h13	Measles, rubella, chickenpox, mumps, diphtheria, whooping cough, or scarlet fever	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>
h14	Poliomyelitis (polio)	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>
h15	Asthma or other respiratory issue	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>
h16	Allergy (not asthma)	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>
h17	Severe diarrhea (typhoid or other)	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>
h18	Meningitis or encephalitis	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>
h19	Chronic ear problems	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>

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h20	Any speech issues	(0) No (1) Yes (9) Didn't know/didn't answer
h21	Eyesight difficulties, even when using glasses	(0) No (1) Yes (9) Didn't know/didn't answer
h22	Tuberculosis	(0) No (1) Yes (9) Didn't know/didn't answer
h23	From your BIRTH UNTIL YOU WERE 15 YEARS OLD, were you vaccinated against any disease?	(0) No (1) Yes (9) Didn't know/didn't answer
h24	From your birth until you were 15 years old, have you ever had a lack of food in your home and ended up going to bed feeling hungry?	(0) No (1) Yes (9) Didn't know/didn't answer
h25	Thinking about your CHILDHOOD AND ADOLESCENCE, would you say that your current socioeconomic status: <i>Read the alternatives to the respondent and check only one.</i>	(1) Improved (2) Remained the same (3) Got worse (9) Didn't know/didn't answer
h26	Was this section answered with someone else's assistance?	(0) No (1) Yes, partially (2) Yes, totally

Section I: Work and retirement

	Now we'll talk about work and retirement.	
i1	Have you worked with a monetary compensation in the LAST 30 DAYS? <i>Consider work with a monetary compensation only the activities that are paid, including salary, profits from a personal business, income as a self-employed etc. Consider vacation as working days.</i>	(0)No (GO TO i5) (1)Yes
i2_1	In the PAST 30 DAYS, have you had paid activity as domestic employee?	(0) No (1) Yes (GO TO i6) (9) Didn't know/didn't answer
i2_2	In the PAST 30 DAYS, have you had paid activity as military from Army, Navy, Air Force, military police or fire brigade?	(0) No (1) Yes (GO TO i6) (9) Didn't know/didn't answer
i2_3	In the PAST 30 DAYS, have you had paid activity as private sector employee?	(0) No (1) Yes (GO TO i6) (9) Didn't know/didn't answer

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i2_4	In the PAST 30 DAYS, have you had paid activity as public sector employee (including mixed capital companies)?	(0) No (1) Yes (9) Didn't know/didn't answer
i2_5	In the PAST 30 DAYS, have you had paid activity as employer?	(0) No (1) Yes (GO TO i6) (9) Didn't know/didn't answer
i2_6	In the PAST 30 DAYS, have you had paid activity as self-employed?	(0) No (1) Yes (GO TO i6) (9) Didn't know/didn't answer
i3	Are you a civil servant? ONLY IF i2=(4)	(0) Local (municipality) (1) State (2) Federal (9) Didn't know/didn't answer
i4	Since when are you a civil servant? ONLY IF i2=(4)	_ _ _ year hired as a civil servant (8888) Was never a civil servant (99999) Didn't know/didn't answer
i5	Why haven't you worked with a monetary compensation in the LAST 30 DAYS? <i>Read the alternatives to the respondent.</i>	(1) Is retired (2) Was temporarily away from his/her job (3) Was looking for a job (4) Was waiting to be called for a job that had already been accepted (5) Housewife (6) Boarder (7) None of the above (9) Didn't know/didn't answer
i6	Are you or your employer currently paying social security taxes (INSS)?	(0) No (1) Yes (GO TO i8) (9) Didn't know/didn't answer
i7	Have you or your employer ever paid social security taxes (INSS)?	(0) No (GO TO i9) (1) Yes (9) Didn't know/didn't answer (GO TO i9)
i8	In total, for how many years have you or your employer been paying or paid for social security (INSS)?	_ _ years (0) Less than 1 year (88) Never paid (99) Didn't know/didn't answer
i9	Are you currently paying for any private pension plan?	(0) No (1) Yes (GO TO i11) (9) Didn't know/didn't answer
i10	Have you ever paid for a private pension plan?	(0) No (GO TO i12) (1) Yes (9) Didn't know/didn't answer (GO TO i12)
i11	In total, for how many years have you been paying/or paid for a private pension plan?	_ _ years (0) Less than 1 year (888) Never paid (999) Didn't know/didn't answer
i12	How old were you when you started working? <i>Consider any work, paid or unpaid.</i>	_ _ years (888) Never worked (999) Didn't know/didn't answer

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i13	<p>Among these activities, which one have you worked for the most part of your life?</p> <p><i>Read all alternatives to the respondent and check only the most relevant.</i></p>	<p>(1) Domestic employee (2) Military from Army, Navy, Air Force, military police or fire brigade (3) Private sector employee (4) Public sector employee (including mixed capital companies) (5) Employer (6) Self-employed (7) Unpaid worker for a self-employed or for an employer who was a member of the household (8) Unpaid worker for an employee who was a member of the household (9) Other (10) Never worked (99) Didn't know/didn't answer</p>
i14	<p>How would you describe the physical demands of the job you had for the most part of your life?</p> <p><i>Read all alternatives to the respondent and check only the most relevant.</i></p>	<p>(1) Was seated most of the time (office activity, for example) (2) Was standing or walking most of the time. The occupation did not require intense physical effort (e.g. clerk, hairdresser, security etc.) (3) The job required some physical effort, including carrying heavy objects and the use of tools (e.g. fireman, janitor, nurse, caregiver, electrician, carpenter, physical educator etc.) (4) The job required intense physical effort, including carrying very heavy objects (e.g. construction worker, miner, longshoreman etc.). (5) Never worked (9) Didn't know/didn't answer</p>
i15	<p>How long have you been working in your current main occupation?</p> <p><i>Read the alternatives to the respondent and check only one. Only for those who worked in the last 30 days.</i></p>	<p>(1) Less than 1 year (2) Between 1 and 3 years (3) More than 3 years (9) Didn't know/didn't answer</p>
i16	<p>Do you receive any retirement benefit or pension from social security (INSS), or from local, state or federal government or private retirement?</p> <p><i>It includes those who receive some retirement benefit but continue to work.</i></p>	<p>(0) No (GO TO i20) (1) Yes (9) Didn't know/didn't answer (GO TO i20)</p>
i17_1	<p>Do you have retirement benefit from Social Security (INSS)?</p>	<p>(0) No (1) Yes (9) Didn't know/didn't answer</p>

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i17_2	Do you have rural retirement benefit (FUNRURAL)?	(0) No (1) Yes (9) Didn't know/didn't answer
i17_3	Do you have retirement benefit from the municipal public sector?	(0) No (1) Yes (9) Didn't know/didn't answer
i17_4	Do you have retirement benefit from the state public sector?	(0) No (1) Yes (9) Didn't know/didn't answer
i17_5	Do you have retirement benefit from the federal public sector?	(0) No (1) Yes (9) Didn't know/didn't answer
i17_6	Do you have retirement benefit from the private pension or an addition to the private pension?	(0) No (1) Yes (9) Didn't know/didn't answer
i17_7	Do you receive pension?	(0) No (1) Yes (9) Didn't know/didn't answer
i18	How old were you when you retired or started to receive pension?	_ _ years (999) Didn't know/didn't answer
i19	What was the reason for your retirement? <i>Read the alternatives to the respondent and check only one.</i>	(1) Age (2) Contribution time/length of service (3) Compulsory (4) Disability (5) Other motive (9) Didn't know/didn't answer
i20	At what age are you planning to retire?	_ _ years (777) doesn't know at what age is planning to retire (888) Already retired (999) Didn't know/didn't answer <i>If already retired, option (888) will be automatically filled.</i>
i21	What are you planning to do when you retire? <i>Read the alternatives to the respondent and check only one.</i>	(1) Continue to work (2) Take care of own health (3) Rest (4) Take care of someone else (5) Spend more time with family (6) Other (8) Already retired (9) Didn't know/didn't answer <i>If already retired the option (8) will be filled automatically.</i>

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i22	How would you evaluate your current work ability?	(1) Very good (2) Good (3) Fair (4) Bad (5) Very bad (9) Didn't know/didn't answer
i23_1	To support yourself in the future, do you contribute to public or private pension plans and will receive retirement benefits (contributes to the <i>INSS</i> or to a private pension plan or is a civil servant or is retired)?	(0) No (1) Yes (99) Didn't know/didn't answer
i23_2	To support yourself in the future, will you use savings or financial investments?	(0) No (1) Yes (99) Didn't know/didn't answer
i23_3	To support yourself in the future, will you have income from rented properties?	(0) No (1) Yes (99) Didn't know/didn't answer
i23_4	To support yourself in the future, will you sell any of your assets?	(0) No (1) Yes (99) Didn't know/didn't answer
i23_5	To support yourself in the future, will you rely on the help of your children or relatives?	(0) No (1) Yes (99) Didn't know/didn't answer
i23_6	To support yourself in the future, do you expect to receive pension or social benefits from the government?	(0) No (1) Yes (99) Didn't know/didn't answer
i23_7	To support yourself in the future, do you plan to start contributing to social security (<i>INSS</i>) or a private pension plan?	(0) No (1) Yes (99) Didn't know/didn't answer
i23_8	Do you have not thought about to support yourself in the future yet?	(0) No (1) Yes (99) Didn't know/didn't answer
i23_9	To support yourself in the future, will you use other means not mentioned before?	(0) No (1) Yes (99) Didn't know/didn't answer
i24	In the LAST 30 DAYS, how many hours have you worked with monetary compensation? <i>Please, consider the average of hours per week.</i> ONLY IF i1=(1)	_ _ hours per week (0) Did not work or performed less than 1 hour per week (999) Didn't know/didn't answer

Questionnaire

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i25	<p>In the LAST 30 DAYS, how many hours have you devoted to unpaid activities, including domestic work in your own house?</p> <p><i>Please, consider the average of hours per week.</i></p>	<p> _ _ hours per week</p> <p>(0) Did not work or performed less than 1 hour per week (999) Didn't know/didn't answer</p>
	<p>To answer to this question think about a ladder. On the highest step are the people with more money, more education and better jobs. On the lowest step are the ones with less money, less education and worse jobs.</p>	
i26	<p>How do you evaluate your life at this point in terms of income or work?</p> <p>Please, indicate in which step you currently are when you compare yourself with other people in your town.</p>	<p>Number of the step indicated _ _ </p>

	<p style="text-align: right;">Highest</p> <p style="text-align: right;">10</p> <p style="text-align: right;">9</p> <p style="text-align: right;">8</p> <p style="text-align: right;">7</p> <p style="text-align: right;">6</p> <p style="text-align: right;">5</p> <p style="text-align: right;">4</p> <p style="text-align: right;">3</p> <p style="text-align: right;">2</p> <p style="text-align: right;">1</p> <p>Lowest</p>
i27	<p>Was this section answered with someone else's assistance?</p> <p>(0) No (1) Yes, partially (2) Yes, totally</p>

Section K: Family members support

k1	<p>In the LAST 90 DAYS, have you financially helped or paid any bills for a family member that does not live with you?</p> <p><i>Examples: donations or cash loans; payment of rent; payment of water, power or telephone bills; education expenses; installments; payment of health insurance bills or other health expenses; among others.</i></p>	<p>(0) No (GO TO k5) (1) Yes (9) Didn't know/didn't answer (GO TO k5)</p>
k2_1m	<p>Who did you help?</p>	<p>(1) Child or son/daughter- in-law (2) Grandchild or great-grandchild (3) Parents or parents-in-law (4) Any other family member (9) Didn't know/didn't answer</p>
k3	<p>In the LAST 90 DAYS, how much have you spent with these aids?</p>	<p>R\$ _ _ _ _ _ .00 (GO TO k5) (00) No expenditure (GO TO k5) (9999999) Didn't know/didn't answer If the amount was informed, check the following answer with the range that best represents the reported amount.</p>
k4	<p>Approximately, how much was spent with these aids ?</p>	<p>(0) No expenditure on this item (1) Less than R\$50 (2) Between R\$50 and R\$99 (3) Between R\$100 and R\$149 (4) Between R\$150 and R\$199 (5) Between R\$200 and R\$299 (6) Between R\$300 and R\$399 (7) Between R\$400 and R\$499 (8) Between R\$500 and R\$599 (9) Between R\$600 and R\$699 (10) Between R\$700 and R\$799 (11) Between R\$800 and R\$899 (12) Between R\$900 and R\$999 (13) Between R\$1,000 and R\$1,999 (14) Between R\$2,000 and R\$2,999 (15) Between R\$3,000 and R\$3,999 (16) Between R\$4,000 and R\$4,999 (17) Between R\$5,000 and R\$5,999 (18) Between R\$ 6,000 and R\$ 6,999 (19) Between R\$ 7,000 and R\$ 7,999 (20) Between R\$ 8,000 and R\$ 8,999 (21) Between R\$ 9,000 and R\$ 9,999 (22) R\$10,000 and up (99) Didn't know/didn't answer</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

k5	<p>In the LAST 90 DAYS, have you received financial aid from a family member who doesn't live with you?</p> <p><i>Examples: donations or cash loans; payment of rent; payment of water, power or telephone bills; education expenses; installments; payment of health insurance bills or other health expenses; among others.</i></p>	<p>(0) No (GO TO k8)</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer (GO TO k8)</p>
k6	<p>In the LAST 90 DAYS, how much have you received with these aids?</p>	<p>R\$ __ __ __ __ __ .00 (GO TO k8)</p> <p>(0) Didn't receive</p> <p>(9999999) Didn't know/didn't answer</p> <p>If the amount was informed, check the following answer with the range that best represents the reported amount.</p>
k7	<p>Approximately, how much in <i>reais</i> have you received with these aids?</p>	<p>(0) No expenditure on this item</p> <p>(1) Less than R\$50</p> <p>(2) Between R\$50 and R\$99</p> <p>(3) Between R\$100 and R\$149</p> <p>(4) Between R\$150 and R\$199</p> <p>(5) Between R\$200 and R\$299</p> <p>(6) Between R\$300 and R\$399</p> <p>(7) Between R\$400 and R\$499</p> <p>(8) Between R\$500 and R\$599</p> <p>(9) Between R\$600 and R\$699</p> <p>(10) Between R\$700 and R\$799</p> <p>(11) Between R\$800 and R\$899</p> <p>(12) Between R\$900 and R\$999</p> <p>(13) Between R\$1,000 and R\$1,999</p> <p>(14) Between R\$2,000 and R\$2,999</p> <p>(15) Between R\$3,000 and R\$3,999</p> <p>(16) Between R\$4,000 and R\$4,999</p> <p>(17) Between R\$5,000 and R\$5,999</p> <p>(18) Between R\$ 6,000 and R\$ 6,999</p> <p>(19) Between R\$ 7,000 and R\$ 7,999</p> <p>(20) Between R\$ 8,000 and R\$ 8,999</p> <p>(21) Between R\$ 9,000 and R\$ 9,999</p> <p>(22) R\$10,000 and up</p> <p>(99) Didn't know/didn't answer</p>
k8	<p>Was this section answered with someone else's assistance?</p>	<p>(0) No</p> <p>(1) Yes, partially</p> <p>(2) Yes, totally</p>

Section L: Health Behaviors

	<p>The following questions are related to the time you spent doing physical activity LAST WEEK. These activities include the ones you have done at your work, going from one location to another, during your leisure time, while doing sports, exercising or performing your domestic activities.</p> <p>To answer the questions think only about the activities you do for at least 10 CONSECUTIVE MINUTES AT A TIME.</p>	
15	<p>In how many days of the last week did you WALK for at least 10 continuous minutes, at home or at work, as a way of transportation to get from one place to another, for leisure, for pleasure or as a way of exercise?</p>	<p> __ number of days on the week</p> <p>(0) None (GO TO 17)</p> <p>(9) Didn't know/didn't answer (GO TO 17)</p>
16	<p>On the days that you walk for at least 10 consecutive minutes, how much time in total do you spend walking PER DAY?</p>	<p> __ __ hours: __ __ minutes</p> <p>(000) None</p> <p>(9999) Didn't know/didn't answer</p>
17	<p>In how many days of the last week did you perform MODERATE ACTIVITIES for at least 10 continuous minutes?</p> <p><i>MODERATE physical activity: those that need some physical effort and make you breathe A LITTLE stronger than usual or make your heart beat A LITTLE stronger.</i></p> <p><i>Examples of moderate physical activity: light cycling, swimming, dancing, practicing light aerobics, playing recreational volleyball, carrying light weights, doing household chores inside the house, in the yard or garden, such as sweeping, vacuuming, gardening etc.</i></p> <p><i>Does not include walking.</i></p>	<p> __ number of days on the week</p> <p>(0) None (GO TO 19)</p> <p>(9) Didn't know/didn't answer (GO TO 19)</p>
18	<p>On the days that you perform these MODERATE ACTIVITIES for at least 10 consecutive minutes, how much time in total do you spend doing these activities PER DAY?</p>	<p> __ __ hours: __ __ minutes</p> <p>(000) None</p> <p>(9999) Didn't know/didn't answer</p>

Questionnaire

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I9	<p>In how many days of the last week did you perform VIGOROUS ACTIVITIES for at least 10 continuous minutes?</p> <p><i>VIGOROUS physical activity: those that need a great physical effort and make you breathe A LOT stronger than usual or make your heart beat A LOT stronger.</i></p> <p><i>Examples of vigorous physical activity: running, aerobics, playing soccer, fast cycling, basketball, do heavy housework at home, in the yard or digging in the garden, carrying weights etc.</i></p>	<p> __ number of days on the week</p> <p>(0) None (GO TO I11)</p> <p>(9) Didn't know/didn't answer (GO TO I11)</p>
I10	<p>On the days that you perform these intense activities for at least 10 consecutive minutes, how much time in total do you spend doing these activities PER DAY?</p>	<p> __ __ hours: __ __ minutes</p> <p>(000) None</p> <p>(9999) Didn't know/didn't answer</p>
	<p>The next questions are related to the total amount of time that you spend seated at work, at home, during your free time or at school (if applicable). This includes the time sitting down at the office, visiting friends, reading and seated or laid down while watching television.</p>	
I11	<p>How long PER DAY do you STAY SEATED in ONE DAY of the week?</p>	<p> __ __ hours: __ __ minutes</p> <p>(000) None</p> <p>(9999) Didn't know/didn't answer</p>
I12	<p>How long PER DAY do you STAY SEATED in ONE WEEKEND?</p>	<p> __ __ hours: __ __ minutes</p> <p>(000) None</p> <p>(9999) Didn't know/didn't answer</p>
I13	<p>Do you know any public program in your municipality that encourages the practice of physical activity?</p>	<p>(0) No (GO TO I15)</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer (GO TO I15)</p>
I14	<p>Do you participate in this program?</p>	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>
	<p>Now, I will ask you questions regarding your nutrition.</p>	
I15	<p>On how many days of the week do you usually eat vegetables (such as cabbage, carrots, chayote, eggplant, zucchini, lettuce, tomatoes)?</p> <p><i>Do not include: potatoes, manioc or yam.</i></p>	<p> __ days per week (fill 1 to 7 days)</p> <p>(0) Never or less than once a week (GO TO I17)</p> <p>(9) Didn't know/didn't answer (GO TO I17)</p>
I16	<p>In general, HOW MANY TIMES A DAY do you usually eat vegetables?</p>	<p>(1) Once a day</p> <p>(2) Twice a day</p> <p>(3) Three times a day or more</p> <p>(9) Didn't know/didn't answer</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

I17	On HOW MANY DAYS OF THE WEEK do you usually drink natural fruit juice?	__ days per week (fill 1 to 7 days) (0) Never or less than once a week (GO TO I19) (9) Didn't know/didn't answer (GO TO I19)
I18	In general, HOW MANY TIMES A DAY do you take fresh fruit juice?	(1) Once a day (2) Twice a day (3) Three times a day or more (9) Didn't know/didn't answer
I19	On HOW MANY DAYS OF THE WEEK do you usually eat fruits?	__ days per week (fill 1 to 7 days) (0) Never or less than once a week (GO TO I21) (9) Didn't know/didn't answer (GO TO I21)
I20	In general, HOW MANY TIMES A DAY do you eat fruits?	(1) Once a day (2) Twice a day (3) Three times a day or more (9) Didn't know/didn't answer
I21	On HOW MANY DAYS OF THE WEEK do you usually eat red meat (beef, pork, lamb)?	__ days per week (fill 1 to 7 days) (0) Never or less than once a week (9) Didn't know/didn't answer
I22	On HOW MANY DAYS OF THE WEEK do you usually eat poultry?	__ days per week (fill 1 to 7 days) (0) Never or less than once a week (9) Didn't know/didn't answer
I23	On HOW MANY DAYS OF THE WEEK do you usually eat fish?	__ days per week (fill 1 to 7 days) (0) Never or less than once a week (9) Didn't know/didn't answer
The following questions refer to your consumption of alcoholic beverages.		
I24	How often do you usually drink an alcoholic beverage? <i>Read the alternatives to the respondent.</i>	(1) Never (GO TO I30) (2) Less than once a month (GO TO I26) (3) Once a month or more (9) Didn't know/didn't answer (GO TO I30)
I25	On HOW MANY DAYS OF THE WEEK do you usually drink an alcoholic beverage?	__ days per week (fill 1 to 7 days) (0) Never or less than once a week (9) Didn't know/didn't answer

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

I26	<p>In general, WHEN YOU DRINK AN ALCOHOLIC BEVERAGE, how many drinks do you consume?</p> <p><i>Consider a drink as one can of beer, one glass of wine, or one shot of cachaça, whiskey or any other distilled beverage.</i></p>	<p> __ __ doses per day</p> <p>(99) Didn't know/didn't answer</p>
I27	<p>Attention interviewer don't ask this question, just check the correct option.</p> <p><i>The person being interviewed is a male?</i></p>	<p>(0) No (GO TO I29)</p> <p>(1) Yes</p>
I28	<p>MEN: in the past 30 days, have you consumed 5 doses or more of an alcoholic drink in a single occasion?</p> <p>If I27=0, I28=8</p>	<p>(1) Yes</p> <p>(2) No</p> <p>(8) Does not apply (is a woman)</p> <p>(9) Didn't know/didn't answer</p>
I29	<p>WOMEN: in the past 30 days, have you consumed 4 doses or more of an alcoholic drink in a single occasion?</p> <p>If I27=1, I29=8</p>	<p>(1) Yes</p> <p>(2) No</p> <p>(8) Does not apply (is a man)</p> <p>(9) Didn't know/didn't answer</p>
<p>To end this section, I will ask you some questions about the use of manufactured and straw cigarettes or other tobacco products, such as cigars, cigarillos, pipe, clove cigarettes (or from Bali), Indian cigarettes (or beedis) and hookah (or water pipes).</p> <p>Please, do not answer about tobacco products that do not make smoke such as snuff and chewing tobacco. Do not consider electronic cigarette.</p>		
I30	<p>Do you currently smoke?</p> <p><i>If answer is yes, ask if daily or not.</i></p>	<p>(1) Yes, daily (GO TO I33)</p> <p>(2) Yes, less than daily (GO TO I33)</p> <p>(3) No</p> <p>(4) Didn't know/didn't answer</p>
I31	<p>Have you smoked in the past?</p>	<p>(1) Yes, daily</p> <p>(2) Yes, less than daily</p> <p>(3) No, never smoked (GO TO I39)</p> <p>(4) Didn't know/didn't answer (GO TO I39)</p>
I32	<p>How long ago have you stopped smoking?</p> <p>ONLY IF I30=(3) OR I31=(1) OR I31=(2)</p>	<p> __ __ years</p> <p>(0) Less than 1 year</p> <p>(999) Didn't know/didn't answer</p>
I33	<p>How old were you when you started smoking regularly?</p>	<p> __ __ years old</p> <p>(999) Didn't know/didn't answer</p>
I34_1	<p>Do you smoke or smoked manufactured cigarettes?</p>	<p>(0) No</p> <p>(1) Yes (GO TO I35)</p> <p>(9) Didn't know/didn't answer</p>
I34_2	<p>Do you smoke or smoked straw or hand-rolled cigarettes?</p>	<p>(0) No</p> <p>(1) Yes (GO TO I36)</p> <p>(9) Didn't know/didn't answer</p>
I34_3	<p>Do you smoke or smoked pipes?</p>	<p>(0) No</p> <p>(1) Yes (GO TO I37)</p> <p>(9) Didn't know/didn't answer</p>

Questionnaire

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I34_4	Do you smoke or smoked cigars or cigarillos?	(0) No (1) Yes (GO TO I38) (9) Didn't know/didn't answer
I34_5	Do you smoke or smoked hookah (water pipes) or clove cigarettes (or from Bali)?	(0) No (1) Yes (9) Didn't know/didn't answer
I35	On average, how many manufactured cigarettes do you smoke or smoked per day or per week?	(1) One or more per day (2) One or more per week (3) Less than one per week (4) Less than one a month (5) Does not smoke this product (9) Didn't know/didn't answer
I35_1	How many per day or per week?	_ _ manufactured cigarettes per day or per week
I36	On average, how many straw or hand-rolled cigarettes do you smoke or smoked per day or per week?	(1) One or more per day (2) One or more per week (3) Less than one per week (4) Less than one a month (5) Does not smoke this product (9) Didn't know/didn't answer
I36_1	How many per day or per week?	_ _ straw or hand-rolled cigarettes per day or per week
I37	On average, how many pipes do you smoke or smoked per day or per week?	(1) One or more per day (2) One or more per week (3) Less than one per week (4) Less than one a month (5) Does not smoke this product (9) Didn't know/didn't answer
I37_1	How many per day or per week?	_ _ pipes per day or per week
I38	On average, how many cigars or cigarillos do you smoke or smoked per day or per week?	(1) One or more per day (2) One or more per week (3) Less than one per week (4) Less than one a month (5) Does not smoke this product (9) Didn't know/didn't answer
I38_1	How many per day or per week?	_ _ cigars or cigarillos per day or per week
I39	Was this section answered with someone else's assistance?	(0) No (1) Yes, partially (2) Yes, totally

Section M: Women's health

m1	Interviewer: What is the gender of the respondent?	(1) Male (GO TO n1) (2) Female
m2	At what age did you get your first period?	_ _ years old (999) Didn't know/didn't answer
m3	Do you still get your periods?	(0) No (1) Yes (GO TO m5) (9) Didn't know/didn't answer (GO TO m5)
m4	At what age did you stop getting your periods?	_ _ years old (999) Didn't know/didn't answer
m5	Have you ever done hormone therapy to relieve menopausal symptoms (pills, patches, gels or injections)?	(1) Currently does it (2) Yes, have done it, but not anymore (3) No (GO TO m7) (9) Didn't know/didn't answer (GO TO m7)
m6	For how long have you done hormone therapy to relieve menopausal symptoms?	(1) 1 year or less (2) More than 1 year and less than 3 years (3) 3 years or more (9) Didn't know/didn't answer
m7	Have you ever been pregnant, even if the pregnancy did not come to term?	(0) No (GO TO m11) (1) Yes (9) Didn't know/didn't answer (GO TO m11)
m8	How old were you when you got pregnant for the first time (even if the pregnancy did not come to term)?	_ _ years old (999) Didn't know/didn't answer
m9	How many deliveries did you have?	_ _ delivery(ies) (999) Didn't know/didn't answer
m10	How many children were born alive, that is, presented any signs of life at birth?	_ _ child(ren) (999) Didn't know/didn't answer
m11	Did you have a hysterectomy (was your uterus removed)?	(0) No (GO TO m13) (1) Yes (9) Didn't know/didn't answer(GO TO m13)
m12	According to the doctor what was the reason to remove your uterus? Read the alternatives to the respondent.	(1) Uterine myoma (2) Uterine prolapse (dropped uterus) (3) Endometriosis (4) Gynecological cancer (5) Complications during pregnancy or childbirth (6) Abnormal vaginal bleeding (7) Other (9) Didn't know/didn't answer
m13	When was the last time you had a Pap smear to prevent cervical cancer?	(1) Three years or less (2) More than three years (3) Never (9) Didn't know/didn't answer

Questionnaire

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m14	When was the last time a doctor or a nurse examined your breasts?	(1) Less than 1 year ago (2) Between 1 year to less than 2 years ago (3) Between 2 years to less than 3 years ago (4) Three years or more (5) Never (9) Didn't know/didn't answer
m15	When was the last time you had a mammogram or a breast x-ray?	(1) Never (2) Less than 1 year ago (3) Between 1 year and less than 2 years ago (4) Between 2 years and less than 3 years ago (5) Three years or more (9) Didn't know/didn't answer
m16	Was this section answered with someone else's assistance?	(0) No (1) Yes, partially (2) Yes, totally

Section N: General health and diseases

	In this section we will be discussing your health.	
	GENERAL HEALTH	
n1	In general, how would you evaluate your health? <i>Read the options to the respondent.</i>	(1) Very good or excellent (2) Good (3) Regular (4) Bad (5) Very bad (9) Didn't know/didn't answer
n2	In the PAST 30 DAYS, for how many days would you say your physical health was not good, for example, you were sick, in pain etc.?	__ __ number of days (00) None (30) All days (99) Didn't know/didn't answer
n3	In the PAST 30 DAYS, for how many days would you say your mental health was not good, for example, you felt depressed, stressed out, or with other emotional issues?	__ __ number of days (00) None (30) All days (99) Didn't know/didn't answer
	VISION AND HEARING	
n5	Do you wear glasses or contact lenses?	(0) No (1) Yes (9) Didn't know/didn't answer

Questionnaire

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n6	How do you evaluate your far vision (EVEN WHEN USING GLASSES OR CONTACT LENSES), this means recognizing someone that you know on the other side of the street on a distance of 65 feet or so? <i>Read the options to the respondent.</i>	(1) Very good or excellent (2) Good (3) Regular (4) Bad (5) Very bad (9) Didn't know/didn't answer
n7	How do you evaluate your near vision (EVEN WHEN USING GLASSES OR CONTACT LENSES), this means recognizing an object that is within reach or reading a newspaper? <i>Read the options to the respondent.</i>	(1) Very good or excellent (2) Good (3) Regular (4) Bad (5) Very bad (9) Didn't know/didn't answer
n8	When was the last time you had an eye exam with an ophthalmologist (eye doctor)?	(1) Less than 1 year (2) Between 1 and 2 years (3) 3 years or more (4) Never (GO TO n15) (9) Didn't know/didn't answer
Has any ophthalmologist ever told you that you currently have or have ever had any of the illnesses that I will mention below:		
n9	Glaucoma or suspicion of glaucoma	(0) No (1) Yes (9) Didn't know/didn't answer
n10	Diabetic retinopathy (diabetic eye)	(0) No (1) Yes (9) Didn't know/didn't answer
n11	Macular degeneration	(0) No (1) Yes (9) Didn't know/didn't answer
n12	Cataracts in one or both eyes	(0) No (GO TO n15) (1) Yes (9) Didn't know/didn't answer (GO TO n15)
n14	Have you had cataract surgery?	(0) No (1) Yes (9) Didn't know/didn't answer
n15	Do you use a hearing device?	(0) No (1) Yes (9) Didn't know/didn't answer
n16	How do you evaluate your hearing (even when using a hearing device)?	(1) Very good or excellent (2) Good (3) Regular (4) Bad (5) Very bad (9) Didn't know/didn't answer
n17	Do you find it difficult to follow a conversation if there is a background noise in the environment, such as TV, radio, or children playing (even when using a hearing device)?	(0) No (1) Yes (9) Didn't know/didn't answer

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

FALLS AND JOINT SURGERIES		
n18	In the PAST 12 MONTHS have you had a fall?	(0) No (GO TO n24) (1) Yes (9) Didn't know/didn't answer (GO TO n24)
n19	How many falls have you had in the PAST 12 MONTHS?	__ __ number of falls (999) Didn't know/didn't answer
n20	Where was your last fall?	(1) At home (2) In the street (3) Other (9) Didn't know/didn't answer
n21	In any fall, in the PAST 12 MONTHS, have you fractured (broken) your hip or femur?	(0) No (GO TO n23) (1) Yes (9) Didn't know/didn't answer (GO TO n23)
n22	Was surgery necessary due to a hip or a femur fracture? If so, ask if there was prosthesis placement.	(0) No (1) Yes, without prosthesis placement (2) Yes, with prosthesis placement (9) Didn't know/didn't answer
n23	In any fall, in the PAST 12 MONTHS, have you fractured (broken) your wrist or forearm?	(0) No (1) Yes (9) Didn't know/didn't answer
n24	Have you had a surgery to replace the hip joint (femur head) with prosthesis?	(0) No (GO TO n26) (1) Yes, replaced one of the joints (2) Yes, replaced both joints (9) Didn't know/didn't answer (GO TO n26)
n25_1	Was your hip joint replacement due to arthritis?	(0) No (1) Yes (9) Didn't know/didn't answer
n25_2	Was your hip joint replacement due to fracture?	(0) No (1) Yes (9) Didn't know/didn't answer
n25_3	Was your hip joint replacement due to other reason?	(0) No (1) Yes (9) Didn't know/didn't answer
n26	Have you had surgery to replace the knee joint with a prosthesis?	(1) No (2) Yes, replaced one knee joint (3) Yes, replaced both knee joints (9) Didn't know/didn't answer
CHRONIC DISEASES		
n27	When was the last time you had an exam to check your blood pressure?	(1) Less than 6 months (2) Between 6 months and less than 1 year (3) Between 1 year and less than 2 years (4) Between 2 years and less than 3 years (5) 3 years or more (6) Never (9) Didn't know/didn't answer

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

n28	Has any doctor ever told you that you have hypertension (high blood pressure)?	(0) No (GO TO n34) (1) Yes (2) Yes, only during pregnancy (9) Didn't know/didn't answer (GO TO n34)
n29	How old were you when the doctor told you that you had hypertension (high blood pressure)?	__ __ years old (999) Didn't know/didn't answer
n30	In general, how much does your hypertension or the complications from it limit you from doing your daily activities? <i>Read the alternatives to the respondent.</i>	(1) Does not limit (2) A little (3) Moderately (4) Highly (5) Very much (9) Didn't know/didn't answer
n31	Do you take any medication to control your hypertension (high blood pressure)?	(0) No (GO TO n34) (1) Yes (9) Didn't know/didn't answer (GO TO n34)
	In the PAST 7 DAYS, regarding to what your doctor recommended or prescribed to treat your high blood pressure:	
n32	Have you ever stopped taking any of the medications for high blood pressure?	(0) No (1) Yes (9) Didn't know/didn't answer
n33	Have you ever decreased or increased the number of tablets of any high blood pressure medication?	(0) No (1) Yes (9) Didn't know/didn't answer
n34	When was the last time you had a blood exam to check your glucose (sugar) levels?	(1) Less than 6 months (2) Between 6 months and less than 1 year (3) Between 1 year and less than 2 years (4) Between 2 years and less than 3 years (5) 3 years or more (6) Never (9) Didn't know/didn't answer
n35	Has any doctor ever told you that you have diabetes ("high blood sugar")?	(0) No (GO TO n43) (1) Yes (2) Yes, only during pregnancy (9) Didn't know/didn't answer (GO TO n43)
n36	How old were you when you were diagnosed with diabetes?	__ __ years old (999) Didn't know/didn't answer
n37	In general, how much does your diabetes or the complications from it prevent you from doing your daily activities? <i>Read the alternatives to the respondent.</i>	(1) Does not limit (2) A little (3) Moderately (4) Highly (5) Very much (9) Didn't know/didn't answer
n38_1	Currently, have you been on diet to control your diabetes?	(0) No (1) Yes (9) Didn't know/didn't answer

Questionnaire

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n38_2	Currently, have you been doing physical activity to control your diabetes?	(0) No (1) Yes (9) Didn't know/didn't answer
n38_3	Currently, have you been taking oral medications, such as hypoglycemic agents, to control your diabetes?	(0) No (1) Yes (9) Didn't know/didn't answer
n38_4	Currently, have you been taking insulin to control the diabetes?	(0) No (1) Yes (9) Didn't know/didn't answer
	In the PAST 7 DAYS, regarding to what your doctor recommended or prescribed to control your diabetes:	
n39	Have you ever stopped taking any of the medications for the diabetes? ONLY IF n38=(3)	(0) No (1) Yes (8) Does not apply (doesn't take any medication for diabetes) (9) Didn't know/didn't answer
n40	Have you ever decreased or increased the number of tablets of any diabetes medication? ONLY IF n38=(3)	(0) No (1) Yes (8) Does not apply (doesn't take any medication for diabetes) (9) Didn't know/didn't answer
n41	When was the last time an ophthalmologist performed an eye exam or a fundoscopic exam (fundus examination) where you had your pupil dilated?	(1) Less than 6 months (2) Between 6 months and less than 1 year (3) Between 1 year and less than 2 years (4) Between 2 years and less than 3 years (5) 3 years or more (6) Never (9) Didn't know/didn't answer
n42	When was the last time a doctor or a health care professional checked your feet for sores or irritations?	(1) Less than 6 months (2) Between 6 months and less than 1 year (3) Between 1 year and less than 2 years (4) Between 2 years and less than 3 years (5) 3 years or more (6) Never (9) Didn't know/didn't answer
n43	When was the last time you had a blood exam to check your cholesterol?	(1) Less than 6 months (2) Between 6 months and less than 1 year (3) Between 1 year and less than 2 years (4) Between 2 years and less than 3 years (5) 3 years or more (6) Never (9) Didn't know/didn't answer
n44	Has any doctor ever told you that you have high cholesterol?	(0) No (GO TO n46) (1) Yes (9) Didn't know/didn't answer (GO TO n46)
n45	How old were you when you were diagnosed with high cholesterol?	__ __ __ years old (999) Didn't know/didn't answer

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

n46	Has any doctor ever told you that you had a heart attack?	(0) No (GO TO n48) (1) Yes (9) Didn't know/didn't answer (GO TO n48)
n47	How old were you when you had a heart attack?	_ _ _ years old (999) Didn't know/didn't answer
n48	Has any doctor ever told you that you have angina pectoris?	(0) No (GO TO n50) (1) Yes (9) Didn't know/didn't answer (GO TO n50)
n49	How old were you when you were diagnosed with angina pectoris?	_ _ _ years old (999) Didn't know/didn't answer
n50	Has any doctor ever told you that you have a heart failure?	(0) No (GO TO n52) (1) Yes (9) Didn't know/didn't answer (GO TO n52)
n51	How old were you when you were diagnosed with heart failure?	_ _ _ years old (999) Didn't know/didn't answer
n52	Has a doctor ever told you that you had a cerebral vascular accident (stroke)?	(0) No (GO TO n54) (1) Yes (9) Didn't know/didn't answer (GO TO n54)
n53	How old were you when you had a stroke?	_ _ _ years old (999) Didn't know/didn't answer
n54	Has a doctor ever told you that you have asthma? <i>Exclude bronchitis.</i>	(0) No (1) Yes (9) Didn't know/didn't answer
n55	Has a doctor ever told you that you have emphysema, chronic bronchitis, or chronic obstructive pulmonary disease (COPD)?	(0) No (1) Yes (9) Didn't know/didn't answer
n56	Have a doctor ever told you that you have arthritis or rheumatism?	(0) No (1) Yes (9) Didn't know/didn't answer
n57	Has a doctor ever told you that you have osteoporosis?	(0) No (1) Yes (9) Didn't know/didn't answer
n58	Has a doctor ever told you that you have chronic column problem, such as back pain, neck pain, low back pain, sciatica, disc or vertebrae issues?	(0) No (1) Yes (9) Didn't know/didn't answer
n59	Has a doctor ever told you that you have depression?	(0) No (1) Yes (9) Didn't know/didn't answer
n60	Has a doctor ever told you that you have or had cancer?	(0) No (1) Yes (9) Didn't know/didn't answer
n61	Has a doctor ever told you that you have chronic renal failure?	(0) No (1) Yes (9) Didn't know/didn't answer
n62	Has a doctor ever told you that you have Parkinson's disease?	(0) No (1) Yes (9) Didn't know/didn't answer

Questionnaire

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n63	Has a doctor ever told you that you have Alzheimer's disease?	(0) No (1) Yes (9) Didn't know/didn't answer
n64	Was anyone in your close family, such as your father, mother or siblings, including those who are alive and those who have died, diagnosed with angina pectoris or had a heart attack before THE AGE OF 50?	(0) No (1) Yes (9) Didn't know/didn't answer
n65	Was anyone in your close family, such as your father, mother or siblings, including those who are alive and those who have died, diagnosed with diabetes?	(0) No (1) Yes (9) Didn't know/didn't answer
n66	Have you done a bypass surgery or stent placement or angioplasty?	(0) No (1) Yes (9) Didn't know/didn't answer
n67	In the PAST 12 MONTHS, have you taken the flu shot?	(0) No (1) Yes (GO TO n69) (9) Didn't know/didn't answer (GO TO n69)
n68	What was the main reason for not taking the flu shot? <i>Read the alternatives to the respondent and check the most relevant one.</i>	(1) Rarely gets the flu (2) Didn't know it was necessary to take the flu vaccine (3) Didn't know where to take the vaccine (4) Is afraid of the reaction of the vaccine (5) Is afraid of the injection (6) Didn't have anyone to go with him/her to the health service (7) Had financial difficulties (8) Had transportation difficulties (9) The health service was very far (10) The flu vaccine was not available at the health service that he/she went to (11) Medical contraindication (12) Doesn't believe that the flu vaccine protects against the flu (13) Other (99) Didn't know/didn't answer
PHENOTYPE OF FRAILTY		
n69	In the PAST THREE MONTHS, have you lost weight without any dieting?	(0) No (GO TO n72) (1) Yes (9) Didn't know/didn't answer (GO TO n72)
n70	How many pounds have you lost in the PAST 3 MONTHS? (1 kg = 2.2 lb)	__ __ , __ lb (99999) Didn't know/didn't answer If the weight is informed the following question will be automatically filled without the need to ask the respondent.

Questionnaire

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n71	What is the range that best represents how many pounds you have lost in the PAST 3 MONTHS? <i>Read the alternatives to the respondent.</i>	(1) Less than 2.2 lb (2) Between 2.2 and 9.9lb (3) More than 9.9lb (9) Didn't know/didn't answer
	FATIGUE / EXHAUSTION	
n72	In the PAST WEEK, how often have you felt you could not handle your activities (started something, but could not finish it)? <i>Read the alternatives to the respondent.</i>	(1) Never or rarely (less than 1 day) (2) Very few times (1-2 days) (3) Sometimes (3-4 days) (4) Most of the time (9) Didn't know/didn't answer
n73	In the PAST WEEK, how often have your daily activities required a big effort from you? <i>Read the alternatives to the respondent.</i>	(1) Never or rarely (less than 1 day) (2) Very few times (1-2 days) (3) Sometimes (3-4 days) (4) Most of the time (9) Didn't know/didn't answer
n74	How would you evaluate the quality of your sleep?	(1) Very good (2) Good (3) Regular (4) Bad (5) Very bad (9) Didn't know/didn't answer
n75	During the last month, have you taken sleeping pills?	(1) No (2) Less than once a week (3) Between 1 and 2 times a week (4) 3 or more times a week (9) Didn't know/didn't answer
n76	<i>Was this section answered with someone else's assistance?</i>	(0) No (1) Yes, partially (2) Yes, totally

Section O: Oral Health

	The following questions refer to your oral health.	
o1	Do you consider the health of your teeth and gums: <i>Read the alternatives to the respondent.</i>	(1) Very good (2) Good (3) Fair (4) Bad (5) Very bad (9) Didn't know/didn't answer
o2	Do you think that you currently need dental treatment? <i>Dental treatment includes: treatment of the teeth, gums, placement or replacement of prosthetics etc.</i>	(0) No (1) Yes (9) Didn't know/didn't answer
o3	When was the last time you went to the dentist? <i>Read the alternatives to the respondent.</i>	(1) Less than 1 year (2) Between 1 and 2 years (3) 3 years or more (4) Never went to the dentist (GO TO o6) (9) Didn't know/didn't answer (GO TO o6)
o4	Your latest dental appointment was performed at: <i>Read the alternatives to the respondent.</i>	(1) Public practice (with a dentist at a public dental clinic or similar) (2) Private practice (3) Health plan (private practice covered by the health plan) (4) Others (9) Didn't know/didn't answer
o5	What was the main reason of your latest dental appointment? <i>Read the alternatives to the respondent.</i>	(1) Regular check-up (2) Pain (3) Dental extraction (4) Treatment (5) Others (9) Didn't know/didn't answer
o6	How many of your natural teeth do you have? <i>Consider that adults can have a maximum of 32 natural teeth on their mouth.</i>	(1) None (2) 1-9 teeth (GO TO o8) (3) 10-19 teeth (GO TO o8) (4) 20 or more teeth (GO TO o8) (9) Didn't know/didn't answer (GO TO o11)
o7	For how long have you been without your teeth?	(1) 6 months or less (2) Between 7 months and 1 year (GO TO o11) (3) Between 2 and 5 years (GO TO o11) (4) Between 6 and 9 years (GO TO o11) (5) 10 years or more (GO TO o11) (9) Didn't know/didn't answer (GO TO o11)

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

o8	Have you had a toothache in the past 6 months?	(0) No (1) Yes (8) Does not apply (the respondent doesn't have any teeth for at least 6 months) (9) Didn't know/didn't answer
o9	Now think about your upper teeth. How many teeth do you HAVE ON THE UPPER PART OF YOUR MOUTH? Adults can have a maximum of 16 teeth on the upper part of their mouth.	__ __ number of upper teeth (16) All teeth (99) Didn't know/didn't answer If o6 = 1, o9 = 0 (none)
o10	Now think about your lower teeth. How many teeth do you have ON THE LOWER PART OF YOUR MOUTH? Adults can have a maximum of 16 teeth on the lower part of their mouth.	__ __ number of lower teeth (16) All teeth (99) Didn't know/didn't answer If o6 = 1, o10 = 0 (none)
o11	Do you use any kind of removable dental prosthesis (artificial teeth) to replace your natural teeth on the LOWER PART OF YOUR MOUTH?	(1) No (2) Yes (9) Didn't know/didn't answer
o12	Do you use any kind of removable dental prosthesis (artificial teeth) to replace your natural teeth on the UPPER PART OF YOUR MOUTH?	(1) No (2) Yes (9) Didn't know/didn't answer
o13	Your dental prosthetics was placed: <i>Read the alternatives to the respondent.</i> <i>ONLY IF 011 OR 012 ≠ (1)</i>	(1) Public practice (with a dentist at a public dental clinic or similar) (2) Private practice (3) Health plan (private practice covered by the health plan) (4) Others (9) Didn't know/didn't answer
o14	Have you done any dental implants?	(0) No (1) Yes (9) Didn't know/didn't answer
o15_1	Do you use tooth brush to clean up your mouth and teeth?	(0) No (1) Yes (9) Didn't know/didn't answer
o15_2	Do you use tooth paste to clean up your mouth and teeth?	(0) No (1) Yes (9) Didn't know/didn't answer
o15_3	Do you use dental floss to clean up your mouth and teeth?	(0) No (1) Yes (9) Didn't know/didn't answer
o15_4	Do you use tongue scraper to clean up your mouth and teeth?	(0) No (1) Yes (9) Didn't know/didn't answer

Questionnaire

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o15_6	Do you use other thing to clean up your mouth and teeth?	(0) No (1) Yes (9) Didn't know/didn't answer
o16	Has your dentist ever told you that you have/had gum disease (periodontal disease)?	(0) No (1) Yes (8) Does not apply (does not have teeth) (9) Didn't know/didn't answer
o17	Does your gum currently bleed?	(0) No (1) Yes (8) Does not apply (does not have teeth) (9) Didn't know/didn't answer If o6=1, o17=8 (does not apply)
Now I will ask you some questions about your teeth, denture(s) or your missing teeth:		
o18	In the PAST 6 MONTHS, have you had difficulties to eat or felt pain when drinking cold or hot beverages?	(0) No (1) Yes (9) Didn't know/didn't answer
o20	In the PAST 6 MONTHS, have you felt bothered when brushing? ONLY IF o6=(2) OR o6=(3) OR o6=(4)	(0) No (1) Yes (9) Didn't know/didn't answer
o21	In the PAST 6 MONTHS, have you felt nervous or irritated?	(0) No (1) Yes (9) Didn't know/didn't answer
o22	In the PAST 6 MONTHS, have you stopped going out, having fun and attending parties?	(0) No (1) Yes (9) Didn't know/didn't answer
o23	In the PAST 6 MONTHS, have you had difficulties to talk?	(0) No (1) Yes (9) Didn't know/didn't answer
o24	In the PAST 6 MONTHS, have you felt embarrassed when talking or smiling?	(0) No (1) Yes (9) Didn't know/didn't answer
o25	In the PAST 6 MONTHS, have you had trouble at work?	(0) No (1) Yes (9) Não sabe/ não respondeu
o26	In the PAST 6 MONTHS, have you had trouble sleeping?	(0) No (1) Yes (9) Didn't know/didn't answer
o27	Was this section answered with someone else's assistance?	(0) No (1) Yes, partially (2) Yes, totally

Section P: Disability

p1	<p>Interviewer: check whether the respondent is bedridden (person who is ill and stays only in bed).</p> <p>If so, ask him/her for how long he/she has been bedridden.</p>	<p>(1) Yes, for less than 3 months (2) Yes, for more than 3 months (3) No</p>
p2	<p>Attention interviewer: check whether the respondent uses a wheelchair (wheelchair chair user).</p> <p>If so, ask him/her for how long he/she has been a wheelchair user.</p>	<p>(1) Yes, for less than 3 months (2) Yes, for more than 3 months (3) No</p>
p3	Do you use any DEVICE OR EQUIPMENT to walk?	<p>(1) Yes (2) No (GO TO p5) (9) Didn't know/didn't answer (GO TO p5)</p>
p4	What kind of device or equipment do you use to walk?	<p>(1) Walker (2) Cane (3) Crutches (4) Other (9) Didn't know/didn't answer</p>
	MOBILITY	
	Now I'll ask you a few questions regarding activities that some people have difficulties performing due to health issues, including memory. Please, do not consider temporary difficulties, those that you expect to last less than 3 months.	
p6	Do you have trouble walking one kilometer, continuously?	<p>(1) Has no difficulty (does the activity effortlessly) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (9) Didn't know/didn't answer</p>
p7	Do you have any difficulty walking 100 meters (one block)?	<p>(1) Has no difficulty (does the activity effortlessly) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (9) Didn't know/didn't answer</p>

Questionnaire

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p8	Do you have any difficulty climbing SEVERAL flights of stairs WITHOUT RESTING?	(1) Has no difficulty (does the activity effortless) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (9) Didn't know/didn't answer
p9	Do you have any difficulty climbing ONE flight of stairs WITHOUT STOPPING or resting?	(1) Has no difficulty (does the activity effortless) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (9) Didn't know/didn't answer
p10	Do you have trouble sitting still for about two hours?	(1) Has no difficulty (does the activity effortless) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (9) Didn't know/didn't answer
p12	Do you have any difficulty stooping, kneeling or crouching?	(1) Has no difficulty (does the activity effortless) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (9) Didn't know/didn't answer
p13	Do you have any difficulty with extending your arms above shoulder level? Interviewer: the activity must be carried out with both arms. If the activity is performed with only one of the arms, classify it as having difficulty.	(1) Has no difficulty (does the activity effortless) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (9) Didn't know/didn't answer

Questionnaire

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p14	Do you have any difficulty with pulling or pushing large objects, such as a living room chair?	(1) Has no difficulty (does the activity effortless) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (9) Didn't know/didn't answer
p15	Do you have any difficulty with lifting and carrying weights heavier than 5 kilograms, like a heavy bag of groceries?	(1) Has no difficulty (does the activity effortless) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (9) Didn't know/didn't answer
p16	Do you have any difficulty with picking up a coin from a table? (Can't drag the coin to pick it up)	(1) Has no difficulty (does the activity effortless) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (9) Didn't know/didn't answer

Instrumental Activities of Daily Living

p17	Do you have any difficulty with DOING YOUR OWN PERSONAL HIGIENE? <i>Personal hygiene: wash and dry your hands, wash and dry your face, brush your teeth, comb your hair, shave or put on make-up.</i>	(1) Has no difficulty (does the activity effortless) (GO TO p20) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (only does the activity with the help of somebody else) (9) Didn't know/didn't answer (GO TO p20)
p18	Do you receive help with DOING YOUR PERSONAL HYGIENE?	(0) No, doesn't need it (GO TO p20) (1) No, doesn't have anyone to help (GO TO p20) (2) Yes (9) Didn't know/didn't answer (GO TO p20)

Questionnaire

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p19	<p>From this list, who helps you the most with DOING YOUR PERSONAL HYGIENE?</p> <p><i>Read the alternatives to the respondent.</i></p> <p>(SHOW CARD 3)</p>	<p>(1) Family member who lives in the household and is paid to help</p> <p>(2) Family member who lives in the household and isn't paid to help</p> <p>(3) Family member that doesn't live in the household and is paid to help</p> <p>(4) Family member that doesn't live in the household and isn't paid to help</p> <p>(5) Non-family member who isn't paid to help</p> <p>(6) Hired caregiver</p> <p>(7) Domestic employee</p>
p20	<p>Do you have any difficulty with preparing A HOT MEAL?</p> <p><i>Preparing a hot meal: preparing the menu, peeling, slicing, mixing/kneading, cooking and serving.</i></p>	<p>(1) Has no difficulty (does the activity effortlessly) (GO TO p22)</p> <p>(2) Has little difficulty (only does the activity with some effort)</p> <p>(3) Has great difficulty (only does the activity with great effort, but manages to do it alone)</p> <p>(4) Can't do it (only does the activity with the help of somebody else)</p> <p>(9) Didn't know/didn't answer (GO TO p22)</p>
p21	<p>Do you receive any help with PREPARING A HOT MEAL?</p>	<p>(0) No, doesn't need it</p> <p>(1) No, doesn't have anyone to help</p> <p>(2) Yes</p> <p>(9) Didn't know/didn't answer</p>
p22	<p>Do you have any difficulty with MANAGING YOUR OWN MONEY?</p> <p><i>Managing your own money: has control over his/her own economic resources and performs simple economic transactions such as using money to buy food, medicine or personal item; using a bank card and ATM; and using checks.</i></p>	<p>(1) Has no difficulty (does the activity effortlessly) (GO TO p24)</p> <p>(2) Has little difficulty (only does the activity with some effort)</p> <p>(3) Has great difficulty (only does the activity with great effort, but manages to do it alone)</p> <p>(4) Can't do it (only does the activity with the help of somebody else)</p> <p>(9) Didn't know/didn't answer (GO TO p24)</p>
p23	<p>Do you receive help with MANAGING YOUR OWN MONEY?</p>	<p>(0) No, doesn't need it</p> <p>(1) No, doesn't have anyone to help</p> <p>(2) Yes</p> <p>(9) Didn't know/didn't answer</p>
p24	<p>Do you have difficulty with USING ANY TYPE OF TRANSPORTATION?</p> <p><i>Use of transportation as a passenger: be taken by car, taxi, bus/metro, vehicle pulled by an animal etc.</i></p>	<p>(1) Has no difficulty (does the activity effortlessly) (GO TO p26)</p> <p>(2) Has little difficulty (only does the activity with some effort)</p> <p>(3) Has great difficulty (only does the activity with great effort, but manages to do it alone)</p> <p>(4) Can't do it (only does the activity with the help of somebody else)</p> <p>(9) Didn't know/didn't answer (GO TO p26)</p>

Questionnaire

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p25	Do you receive any help with USING ANY TYPE OF TRANSPORTATION?	(0) No, doesn't need it (1) No, doesn't have anyone to help (2) Yes (9) Didn't know/didn't answer
p26	Do you have difficulty with DOING SHOPPING? <i>Doing shopping: selecting, purchasing, getting your purchases home and storing.</i>	(1) Has no difficulty (does the activity effortless) (GO TO p28) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (only does the activity with the help of somebody else) (9) Didn't know/didn't answer (GO TO p28)
p27	Do you receive help with DOING YOUR SHOPPING?	(0) No, doesn't need it (1) No, doesn't have anyone to help (2) Yes (9) Didn't know/didn't answer
p28	Do you have any difficulty with USING YOUR TELEPHONE (LANDLINE OR CELLULAR)?	(1) Has no difficulty (does the activity effortless) (GO TO p30) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (only does the activity with the help of somebody else) (9) Didn't know/didn't answer (GO TO p30)
p29	Do you receive any help with USING YOUR TELEPHONE?	(0) No, doesn't need it (1) No, doesn't have anyone to help (2) Yes (9) Didn't know/didn't answer
p30	Do you have any difficulty with TAKING/MANAGING YOUR OWN MEDICATION? <i>Taking/managing your own medications: remembering the times that the medication should be taken, getting them properly, unwrapping them, taking them correctly as prescribed.</i>	(1) Has no difficulty (does the activity effortless) (GO TO p33) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (only does the activity with the help of somebody else) (9) Didn't know/didn't answer (GO TO p33)
p31	Do you receive help with TAKING/MANAGING YOUR OWN MEDICATION?	(0) No, doesn't need it (GO TO p33) (1) No, doesn't have anyone to help (GO TO p3) (2) Yes (9) Didn't know/didn't answer (GO TO p33)

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

p33	Do you have any difficulty with PERFORMING LIGHT HOUSEKEEPING (making your own bed, removing dust, taking care of the garbage etc.)?	(1) Has no difficulty (does the activity effortless) (GO TO p35) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (only does the activity with the help of somebody else) (9) Didn't know/didn't answer (GO TO p35)
p34	Do you receive help with PERFORMING YOUR LIGHT HOUSEKEEPING?	(0) No, doesn't need it (1) No, doesn't have anyone to help (2) Yes (9) Didn't know/didn't answer
p35	Do you have any difficulty with performing HEAVY HOUSEKEEPING? <i>Heavy housekeeping: cleaning the bathroom, taking care of the yard, replacing curtains etc.</i>	(1) Has no difficulty (does the activity effortless) (GO TO p37) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (only does the activity with the help of somebody else) (9) Didn't know/didn't answer (GO TO p37)
p36	Do you receive help with PERFORMING YOUR HEAVY HOUSEKEEPING?	(0) No, doesn't need it (1) No, doesn't have anyone to help (2) Yes (9) Didn't know/didn't answer

Basic Activities of Daily Living

p37	Do you have any difficulty with GETTING ACROSS A ROOM OR WALKING FROM ONE ROOM TO ANOTHER on the same floor?	(1) Has no difficulty (does the activity effortless) (GO TO p40) (2) Has little difficulty (only does the activity with some effort) (3) Has great difficulty (only does the activity with great effort, but manages to do it alone) (4) Can't do it (only does the activity with the help of somebody else) (9) Didn't know/didn't answer (GO TO p40)
p38	Do you get any help to walk FROM ONE ROOM TO ANOTHER on the same floor? <i>Read the alternatives to the respondent.</i>	(0) No, doesn't need it (GO TO p40) (1) No, doesn't have anyone to help (GO TO p40) (2) Yes (9) Didn't know/didn't answer (GO TO p40)

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

p39	<p>From this list, who helped you the most with GETTING ACROSS A ROOM OR WALKING FROM ONE ROOM TO ANOTHER?</p> <p><i>Read the alternatives to the respondent.</i></p> <p>(SHOW CARD 3)</p>	<p>(1) Family member who lives in the household and is paid to help</p> <p>(2) Family member who lives in the household and isn't paid to help</p> <p>(3) Family member that doesn't live in the household and is paid to help</p> <p>(4) Family member that doesn't live in the household and isn't paid to help</p> <p>(5) Non-family member who isn't paid to help</p> <p>(6) Hired caregiver</p> <p>(7) Domestic employee</p>
p40	<p>Do you have any difficulty with DRESSING UP?</p> <p><i>Dressing up: putting on a shirt and pants, including shoes and socks. Don't consider as difficulty tying shoelaces.</i></p>	<p>(1) Has no difficulty (does the activity effortless) (GO TO p43)</p> <p>(2) Has little difficulty (only does the activity with some effort)</p> <p>(3) Has great difficulty (only does the activity with great effort, but manages to do it alone)</p> <p>(4) Can't do it (only does the activity with the help of somebody else)</p> <p>(9) Didn't know/didn't answer (GO TO p43)</p>
p41	<p>Do you receive help with GETTING YOURSELF DRESSED UP?</p> <p><i>Read the alternatives to the respondent.</i></p>	<p>(0) No, doesn't need it (GO TO p43)</p> <p>(1) No, doesn't have anyone to help (GO TO p43)</p> <p>(2) Yes</p> <p>(9) Didn't know/didn't answer (GO TO p43)</p>
p42	<p>From this list, who helped you the most with GETTING YOURSELF DRESSED UP?</p> <p><i>Read the alternatives to the respondent.</i></p> <p>(SHOW CARD 3)</p>	<p>(1) Family member who lives in the household and is paid to help</p> <p>(2) Family member who lives in the household and isn't paid to help</p> <p>(3) Family member that doesn't live in the household and is paid to help</p> <p>(4) Family member that doesn't live in the household and isn't paid to help</p> <p>(5) Non-family member who isn't paid to help</p> <p>(6) Hired caregiver</p> <p>(7) Domestic employee</p>
p43	<p>Do you have any difficulty with SHOWERING?</p> <p><i>Showering: take a shower or a bath and dry off yourself with a towel.</i></p>	<p>(1) Has no difficulty (does the activity effortless) (GO TO p46)</p> <p>(2) Has little difficulty (only does the activity with some effort)</p> <p>(3) Has great difficulty (only does the activity with great effort, but manages to do it alone)</p> <p>(4) Can't do it (only does the activity with the help of somebody else)</p> <p>(9) Didn't know/didn't answer (GO TO p46)</p>

Questionnaire

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p44	<p>Do you receive help with SHOWERING?</p> <p><i>Read the alternatives to the respondent.</i></p>	<p>(0) No, doesn't need it (GO TO p46)</p> <p>(1) No, doesn't have anyone to help (GO TO p46)</p> <p>(2) Yes</p> <p>(9) Didn't know/didn't answer (GO TO p46)</p>
p45	<p>From this list, who helped you the most with SHOWERING?</p> <p><i>Read the alternatives to the respondent.</i></p> <p>(SHOW CARD 3)</p>	<p>(1) Family member who lives in the household and is paid to help</p> <p>(2) Family member who lives in the household and isn't paid to help</p> <p>(3) Family member that doesn't live in the household and is paid to help</p> <p>(4) Family member that doesn't live in the household and isn't paid to help</p> <p>(5) Non-family member who isn't paid to help</p> <p>(6) Hired caregiver</p> <p>(7) Domestic employee</p>
p46	<p>Do you have any difficulty with EATING from a dish that was placed in front of you?</p> <p><i>Eating: holding the fork, cutting and carrying the food to the mouth.</i></p>	<p>(1) Has no difficulty (does the activity effortless) (GO TO p49)</p> <p>(2) Has little difficulty (only does the activity with some effort)</p> <p>(3) Has great difficulty (only does the activity with great effort, but manages to do it alone)</p> <p>(4) Can't do it (only does the activity with the help of somebody else)</p> <p>(9) Didn't know/didn't answer (GO TO p49)</p>
p47	<p>Do you receive help with EATING YOUR FOOD?</p> <p><i>Read the alternatives to the respondent.</i></p>	<p>(0) No, doesn't need it (GO TO p49)</p> <p>(1) No, doesn't have anyone to help (GO TO p49)</p> <p>(2) Yes</p> <p>(9) Didn't know/didn't answer (GO TO p49)</p>
p48	<p>From this list, who helped you the most with EATING?</p> <p><i>Read the alternatives to the respondent.</i></p> <p>(SHOW CARD 3)</p>	<p>(1) Family member who lives in the household and is paid to help</p> <p>(2) Family member who lives in the household and isn't paid to help</p> <p>(3) Family member that doesn't live in the household and is paid to help</p> <p>(4) Family member that doesn't live in the household and isn't paid to help</p> <p>(5) Non-family member who isn't paid to help</p> <p>(6) Hired caregiver</p> <p>(7) Domestic employee</p>

Questionnaire

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p49	<p>Do you have any difficulty with GETTING IN OR OUT OF BED?</p> <p><i>Getting in or out of the bed: changing the body position, moving from one side to the other.</i></p>	<p>(1) Has no difficulty (does the activity effortless) (GO TO p52)</p> <p>(2) Has little difficulty (only does the activity with some effort)</p> <p>(3) Has great difficulty (only does the activity with great effort, but manages to do it alone)</p> <p>(4) Can't do it (only does the activity with the help of somebody else)</p> <p>(9) Didn't know/didn't answer (GO TO p52)</p>
p50	<p>Do you receive any help with GETTING IN OR OUT OF BED?</p>	<p>(0) No, doesn't need it (GO TO p52)</p> <p>(1) No, doesn't have anyone to help (GO TO p52)</p> <p>(2) Yes</p> <p>(9) Didn't know/didn't answer (GO TO p52)</p>
p51	<p>From this list, who helped you the most with GETTING IN OR OUT OF BED?</p> <p><i>Read the alternatives to the respondent.</i></p> <p>(SHOW CARD 3)</p>	<p>(1) Family member who lives in the household and is paid to help</p> <p>(2) Family member who lives in the household and isn't paid to help</p> <p>(3) Family member that doesn't live in the household and is paid to help</p> <p>(4) Family member that doesn't live in the household and isn't paid to help</p> <p>(5) Non-family member who isn't paid to help</p> <p>(6) Hired caregiver</p> <p>(7) Domestic employee</p>
p55	<p>Do you have any difficulty with USING THE BATHROOM?</p> <p><i>Using the bathroom: getting to the bathroom, getting undressed, sitting on the toilet by him/herself, cleaning up, getting up from the toilet by him/herself and getting dressed.</i></p>	<p>(1) Has no difficulty (does the activity effortless) (GO TO p58)</p> <p>(2) Has little difficulty (only does the activity with some effort)</p> <p>(3) Has great difficulty (only does the activity with great effort, but manages to do it alone)</p> <p>(4) Can't do it (only does the activity with the help of somebody else)</p> <p>(9) Didn't know/didn't answer (GO TO p58)</p>
p56	<p>Do you receive help with USING THE BATHROOM?</p>	<p>(0) No, doesn't need it (GO TO p58)</p> <p>(1) No, doesn't have anyone to help (GO TO p58)</p> <p>(2) Yes</p> <p>(9) Didn't know/didn't answer (GO TO p58)</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

p57	<p>From this list, who helped you the most with USING THE BATHROOM?</p> <p><i>Read the alternatives to the respondent.</i></p> <p>(SHOW CARD 3)</p>	<p>(1) Family member who lives in the household and is paid to help</p> <p>(2) Family member who lives in the household and isn't paid to help</p> <p>(3) Family member that doesn't live in the household and is paid to help</p> <p>(4) Family member that doesn't live in the household and isn't paid to help</p> <p>(5) Non-family member who isn't paid to help</p> <p>(6) Hired caregiver</p> <p>(7) Domestic employee</p>
p58	<p>In the LAST MONTH, have you ever lost control of urine or feces, unintentionally?</p> <p><i>If so, ask if urine, feces or both.</i></p>	<p>(1) No (GO TO p60)</p> <p>(2) Yes, from the urine</p> <p>(3) Yes, from the feces</p> <p>(4) Yes, from urine and feces</p> <p>(9) Didn't know/didn't answer (GO TO p60)</p>
p59	<p>We would like to know how much does leaking urine and feces interfere with your daily life. For that I would like you to score from 0 (zero) to 10 (ten). Zero means that this leak doesn't interfere in anything in your daily life and 10 means that it interferes a lot.</p> <p>What score would you give for that?</p>	<p> __ __ score</p> <p>(99) Didn't know/didn't answer</p>
<p>The following questions refer to this most mentioned person.</p>		
p61	<p>How old is (name of the person most mentioned)?</p>	<p>Age in years __ __ </p> <p>(999) Didn't know/didn't answer</p>
p62	<p>What is the gender of (person most mentioned)?</p>	<p>(1) Female</p> <p>(2) Male</p> <p>(9) Didn't know/didn't answer</p>
p63	<p>What is the marital status of (person most mentioned)?</p>	<p>(1) Married/consensual union/live together</p> <p>(2) Single</p> <p>(3) Divorced/separated</p> <p>(4) Widow(er)</p> <p>(9) Didn't know/didn't answer</p>
p64	<p>Does (name of the person most mentioned) know how to read and write a note?</p>	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>
p65	<p>Did (name of the person most mentioned) receive any specific training in caring for the elderly?</p>	<p>(0) No (GO TO p67)</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer (GO TO p67)</p>
p66	<p>How many hours of training did (name of the person most mentioned) receive in caring for the elderly?</p>	<p> __ __ hours</p> <p>(9999) Didn't know/didn't answer</p>
p67	<p>Did (person most mentioned) stop working or studying to help you?</p>	<p>(0) No</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer</p>

Questionnaire

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p68	In the past week, for how many hours did (person most mentioned) help you?	_ _ _ hours on that week (9999) Didn't know/didn't answer
p69	Summing all the people that help you perform Basic Activities of your Daily Living, for how many days of the last week did you receive such aid? <i>Read the alternatives to the respondent.</i>	(1) Everyday (2) Everyday, except weekends and holidays (3) Most days of the week (4) At least one day of the week (9) Didn't know/didn't answer

Advanced Activities of Daily Living (social activities, productive and entertainment)

	The next questions are back to being directed to the respondent.	
p70	In the PAST 12 MONTHS, have you kept contact with other people by letters, telephone, email, and/or social networks on the Internet?	(0) No (1) Yes (9) Didn't know/didn't answer
p71	In the PAST 12 MONTHS, have you visited your friends and/or relatives in their homes?	(0) No (1) Yes (9) Didn't know/didn't answer
p72	In the PAST 12 MONTHS, have you invited other people (relatives and/or friends) to come to your house to have meals, entertainment etc.?	(0) No (1) Yes (9) Didn't know/didn't answer
p73	In the PAST 12 MONTHS, have you gone out with other people to public places (restaurants, movie theaters, social clubs, parks etc.)?	(0) No (1) Yes (9) Didn't know/didn't answer
p74	In the PAST 12 MONTHS, have you participated in organized social activities (social clubs, community groups or groups from de church, <i>University for The Elderly</i> etc.)?	(0) No (1) Yes (9) Didn't know/didn't answer
p75	In the PAST 12 MONTHS, have you participated in Civil Associations (<i>Lions Club, Rotary</i> etc), councils, community leaders, unions, political parties etc.?	(0) No (1) Yes (9) Didn't know/didn't answer
p76	In the PAST 12 MONTHS, have you used the computer, including the Internet?	(0) No (1) Yes (9) Didn't know/didn't answer
p77	In the PAST 12 MONTHS, have you driven? <i>Drive: control and direct, under own command, a vehicle or the animal that pulls it, or any other means of transportation available, such as a car, a bicycle, a boat or an animal.</i>	(0) No (1) Yes (9) Didn't know/didn't answer

Questionnaire

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p78	In the PAST 12 MONTHS, have you met your friends to play games (checkers, chess, cards, dominoes, pool etc.)?	(0) No (1) Yes (9) Didn't know/didn't answer
p79	In the PAST 12 MONTHS, have you made any handcrafts or practiced any hobbies such as painting, sculpture, drawing, embroidery, knitting, gardening etc?	(0) No (1) Yes (9) Didn't know/didn't answer
p80	In the PAST 12 MONTHS, have you gone in a short leisure trip?	(0) No (1) Yes (9) Didn't know/didn't answer
p81	In the PAST 12 MONTHS, have you gone in a long leisure trip?	(0) No (1) Yes (9) Didn't know/didn't answer
p82	<p>In the PAST 12 MONTHS, have you done any volunteer work?</p> <p><i>For volunteer work it is understood any activity with the purpose of helping other people, for which you don't receive any payment or compensation. It doesn't include helping a family member or another relative.</i></p> <p><i>Examples of volunteer work: raising funds; participating in groups or committees; organizing social events; visiting people; hosting people; transporting people, helping to do shopping and taking to the doctor.</i></p>	<p>(0) No (GO TO p85) (1) Yes (9) Didn't know/didn't answer (GO TO p85)</p>
p83	In the PAST 12 MONTHS, how often have you done volunteer work?	<p>(1) Almost every day (6 to 7 days a week) (2) 3 to 5 days a week (3) 1 to 2 days a week (4) 1 to 3 days a month (5) Less than once a month (6) Never on the past 3 months (GO TO p85) (9) Didn't know/didn't answer (GO TO p85)</p>
p84	In the PAST 30 DAYS, on average, how many hours per week have you done volunteer work?	<p> __ __ hours per week</p> <p>(9999) Didn't know/didn't answer (00) Did not work as a volunteer or did it less than 1 hour per week</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

p85	<p>In the PAST 12 MONTHS, have you taken care of anyone, WITHOUT BEING PAID, including your spouse or someone else?</p> <p>Interviewer: taking care includes assistance to IADL (personal hygiene, prepare a hot meal, manage money, use transportation, shop, use the phone, take medications, perform light or heavy housework) and/or to DLA (walk around the house, dress, shower, feed, lay down or get up from bed, get up from a chair and use a bathroom).</p>	<p>(0) No (GO TO p88)</p> <p>(1) Yes</p> <p>(9) Didn't know/didn't answer (GO TO p88)</p>
p86	<p>In the PAST 12 MONTHS, how often have you taken care of this person?</p>	<p>(1) Almost every day (6 to 7 days a week)</p> <p>(2) 3 to 5 days a week</p> <p>(3) 1 to 2 days a week</p> <p>(4) 1 to 3 days a month</p> <p>(5) Less than once a month</p> <p>(6) Never on the past 3 months (GO TO p88)</p> <p>(9) Didn't know/didn't answer (GO TO p88)</p>
p87	<p>In the last week for how many hours have you taken care of this person?</p> <p>Consider the average hours per week.</p>	<p> __ __ hours per week</p> <p>(9999) Didn't know/didn't answer</p> <p>(00) Did not perform such work or did it less than 1 hour per week</p>
p88	<p>Was this section answered with someone else's assistance?</p>	<p>(0) No</p> <p>(1) Yes, partially</p> <p>(2) Yes, totally</p>

Section Q: Cognition

q1	Interviewer: Is the survey being answered by the participant him/herself?	(0) No (GO TO r1) (1) Yes
q2	Do you know how to read and write a note?	(0) No (1) Yes (9) Didn't know/didn't answer
q3	Currently, how do you classify your memory? Read the alternatives to the respondent.	(1) Excellent (2) Very good (3) Good (4) Regular (5) Bad (9) Didn't know (10) Didn't answer
q4	Comparing your memory to how it was 2 years ago, you think that your current memory is:	(1) Better (2) Same (3) Worse (9) Didn't know (10) Didn't answer
	Next, I'll ask you other questions about your memory and concentration. Some of these questions might seem easy, but others are more difficult. These questions were planned in a way that nobody could answer them all correctly. Try to answer these questions the best way you can. Interviewer: before you start the test make sure that the respondent is wearing glasses in case he/she needs them.	
q5	Could you tell me today's date? Please tell me day, month and year. Attention interviewer: do not inform the current date to the interviewee, let him/her report him/herself.	_ _ _ day _ _ _ month _ _ _ _ year (9) Didn't know (10) Didn't answer
q6	In which day of the week are we?	(1) Sunday (2) Monday (3) Tuesday (4) Wednesday (5) Thursday (6) Friday (7) Saturday (9) Didn't know (10) Didn't answer
q7	Attention Interviewer: don't read the question to the respondent. Just confirm if the previous answers are correct. Is the day correct?	(0) No (1) Yes

Questionnaire

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q8	<p>Attention Interviewer: don't read the question to the respondent. Just confirm if the previous answers are correct.</p> <p>Is the month correct?</p>	<p>(0) No (1) Yes</p>
q9	<p>Attention Interviewer: don't read the question to the respondent. Just confirm if the previous answers are correct.</p> <p>Is the year correct?</p>	<p>(0) No (1) Yes</p>
q10	<p>Attention Interviewer: don't read the question to the respondent. Just confirm if the previous answers are correct.</p> <p>Is the week day correct?</p>	<p>(0) No (1) Yes</p>
	<p>In a few moments I'll give you this piece of paper and a pencil. When you receive the clipboard you should write the initials of your name in the upper left corner of the paper. Please, write the initials of your name and last name. It is clear what you have to do?</p> <p>Interviewer: if it is not clear, explain it better.</p> <p>For those who don't know how to write a message, the instruction to the respondent will be to make an "X" on the upper left corner of the paper.</p>	
q11	<p>Interviewer: Is the participant able to perform the task?</p>	<p>(0) Yes (1) No, is blind or have low vision (2) No, for other reason</p>
	<p>In the following task, you will listen to a list of words that you should memorize, because in a moment I will ask you to repeat these words.</p> <p>First, I need to check whether the sound is clear enough so you can hear it. Please, listen to this message: <i>Please, let me know if you can clearly hear this message.</i></p> <p>Interviewer: if the respondent cannot hear properly, adjust the volume on your tablet, then press "View/Play" to play the message and retest.</p>	
q12	<p>Interviewer: Can the respondent hear correctly?</p>	<p>(0) No, the list will be read by the interviewer (GO TO q16). (1) Yes, the list will be read by the computer</p>

Questionnaire

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	<p>Now you'll listen to a list of 10 words. Once finished, I'll ask you to repeat the words you remember. The list is intentionally long to make it difficult to anyone to remember all the words. Most people only remember a few words. Please, pay close attention to the 10 words because I can't repeat them. When I'm finished, I'll ask you to repeat out loud all words you can remember, regardless the order. Is it clear what we are going to do?</p> <p>Interviewer: if the participant didn't understand the task, explain it again.</p> <p>Shall we begin?</p> <p>Interviewer: play the audio (press the playback button to hear the words).</p>	
	<p>Now I will read a list of 10 words and then I'll ask you to repeat the words you remember. The list is intentionally long to make it difficult to anyone to remember all the words. Most people only remember a few words. Please, pay close attention to the list of 10 words because I can't repeat it. When I'm finished, I'll ask you to repeat out loud all words you can remember, regardless the order. Is it clear what we are going to do?</p> <p>Interviewer: if the participant didn't understand the task, explain it again.</p> <p>Shall we begin?</p> <p>Interviewer: read the words to the interviewee waiting two seconds between each word.</p>	
q13	<p>Now, when I ask, please tell me the words that you can remember.</p> <p>You may begin (start the timer).</p> <p>Interviewer: start the timer and ask the interviewee to complete the task when the time is up. The time limit for this task is 2 minutes.</p> <p>In the interviewee's form check the list that was read and mark down the correct words that were recalled.</p> <p>Fill in the answer field the number of words recalled correctly.</p>	<p>(0) None _ _ number of words recalled (10) Maximum</p>
	<p>Now, I'll ask you to tell me the name of as many different animals as you can remember. Try to remember the highest number of different animals that you are capable of. You will have 1 (one) minute to tell the name of these animals. I'll tell you when to start.</p> <p>Interviewer: only if the participant requests further explanation, you will clarify that the animals can be birds, insects, fish etc.</p>	

Questionnaire

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q14	<p>Let's start! (start the timer)</p> <p>Interviewer: if the interviewee remains silent, ask "Can you remember any other animal?"</p> <p>Interviewer: write down all the animals that were mentioned in the designated space on the notebook that was provided.</p> <p>Interviewer: write down the number of animals that were mentioned correctly.</p>	<p> number of animals</p>
	<p>Interviewer: hand over paper and pencil to the respondent and say "this is for you".</p> <p>Wait EXACTLY 5 seconds. If there is no answer, say: "You were supposed to do something when I handed over this paper and pencil to you. Do you remember that?"</p> <p>If the respondent says: "Do I have to...?" tell him/her: "Do what you think you have to do."</p>	
q15	<p>Interviewer: Did you have to ask what the respondent should have done?</p>	<p>(0) No (1) Yes</p>
q16	<p>Interviewer: What did the respondent do when you handed over to him/her the paper and pencil?</p>	<p>(0) Wrote down his/her initials/ made an "X" on the upper left corner of the sheet (1) Wrote down his/her initials/made an "X" on a different place on the sheet (2) Wrote down something else on the upper left corner of the sheet (3) Did something else (4) Didn't do anything</p>
	<p>A few minutes ago, the computer/or I read a list of words that you repeated.</p> <p>Could you tell me which of these words do you remember?</p> <p>I'll tell you when to start.</p>	
q17	<p>Now, please tell me the words that you can remember (start the timer).</p> <p>Interviewer: start the timer and ask the interviewee to complete the task when the time is up. The time limit for this task is 2 minutes.</p> <p>In the interviewee's form check the list that was read and mark down the correct words that were recalled.</p> <p>Fill in the answer field the number of words recalled correctly.</p>	<p>(0) None number of words recalled (10) Maximum</p>
	<p>Finally, I will ask you the purpose of some objects and the name of some people.</p>	

q18	What do people usually use to cut a paper?	(1) Scissors (2) Incorrect (9) Didn't know (10) Didn't answer
q19	What is the plant that has a long and green leaf that gives a yellow and long fruit and that we peel to eat it?	(1) Banana (2) Incorrect (9) Didn't know (10) Didn't answer
q20	Who is currently the president of Brazil? Interviewer: accept the first or last names or both.	(1) Dilma Rousseff, correct (2) Incorrect (9) Didn't know (10) Didn't answer
q21	Who is the vice-president of Brazil? Interviewer: accept the first or last names or both.	(1) Michel Temer, correct (2) Incorrect (9) Didn't know (10) Didn't answer

Section QP: Cognition for the proxy respondent

	Now, I'll ask some questions that only a proxy reporter should answer.	
nomeent	<p>Enter the name of the person who was interviewed.</p> <p>Attention: it is not the name of the informant, but the name of the person who is 50 years or older.</p>	<div style="border: 1px solid black; height: 20px; width: 100%;"></div>
qp1	<p>The purpose of the following questions is to assess the memory and some behaviors of Mr./Mrs. (name of the interviewee).</p> <p>I would like to know, how would you classify the memory of Mr./Mrs. (name of the interviewee) NOWADAYS?</p> <p><i>Read the alternatives to the proxy reporter.</i></p>	<p>(1) Excellent</p> <p>(2) Very good</p> <p>(3) Good</p> <p>(4) Fair</p> <p>(5) Bad</p> <p>(9) Didn't know/didn't answer</p>
qp2	<p>COMPARED TO THE LAST MONTH, would you say that Mr./Mrs. (name of the interviewee) memory is:</p> <p><i>Read the alternatives to the proxy reporter.</i></p>	<p>(1) Better</p> <p>(2) Same</p> <p>(3) Worse</p> <p>(9) Didn't know/didn't answer</p>

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qp3	<p>Now, I would like you to compare Mr./Mrs. (name of the interviewee) current memory with the one of TWO YEARS AGO, considering different types of recollections.</p> <p>Before proceeding, I need to know if you know Mr./Mrs. (name of the interviewee) for at least two years and is able to provide this kind of information.</p>	<p>(0) No (GO TO qp56)</p> <p>(1) Yes</p>
qp4	<p>Compared to 2 YEARS AGO, the memory of Mr./Mrs. (name of the interviewee) to recall issues related to family and friends (such as birthdays, careers and addresses) improved, remained unchanged or worsened?</p> <p><i>Read the alternatives to the proxy reporter.</i></p>	<p>(1) Improved</p> <p>(2) Didn't change much (GO TO qp7)</p> <p>(3) Worsened (GO TO qp6)</p> <p>(4) Does not apply (GO TO qp7)</p> <p>(9) Didn't know/didn't answer (GO TO qp7)</p>
qp5	<p>Do you think there was much or some improvement?</p> <p><i>Read the alternatives to the proxy reporter.</i></p>	<p>(1) Improved a lot (GO TO qp7)</p> <p>(2) There was some improvement (GO TO qp7)</p> <p>(9) Didn't know/didn't answer (GO TO qp7)</p>
qp6	<p>Do you think there was much or some deterioration?</p> <p><i>Read the alternatives to the proxy reporter.</i></p>	<p>(1) There was some deterioration</p> <p>(2) Worsened a lot</p> <p>(9) Didn't know/didn't answer</p>
qp7	<p>Comparing the current condition of Mr./Mrs. (name of the interviewee) to the one of 2 YEARS AGO, how is his/her ability to remember situations that recently happened?</p> <p><i>Read the alternatives to the proxy reporter.</i></p>	<p>(1) Improved</p> <p>(2) Didn't change much (GO TO qp10)</p> <p>(3) Worsened (GO TO qp9)</p> <p>(4) Does not apply (GO TO qp10)</p> <p>(9) Didn't know/didn't answer (GO TO qp10)</p>
qp8	<p>Do you think there was much or some improvement?</p> <p><i>Read the alternatives to the proxy reporter.</i></p>	<p>(1) Improved a lot (GO TO qp10)</p> <p>(2) There was some improvement (GO TO qp10)</p> <p>(9) Didn't know/didn't answer (GO TO qp10)</p>
qp9	<p>Do you think there was much or some deterioration?</p> <p><i>Read the alternatives to the proxy reporter.</i></p>	<p>(1) There was some deterioration</p> <p>(2) Worsened a lot</p> <p>(9) Didn't know/didn't answer</p>

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qp10	<p>Comparing the current condition of Mr./Mrs. (name of the interviewee) to the one of 2 YEARS AGO, how is his/her ability to remember conversations that happened a few days earlier?</p> <p><i>Read the alternatives to the proxy reporter.</i></p>	<p>(1) Improved (2) Didn't change much (GO TO qp13) (3) Worsened (GO TO qp12) (4) Does not apply (GO TO qp13) (9) Didn't know/didn't answer (GO TO qp13)</p>
qp11	<p>Do you think there was much or some improvement?</p> <p><i>Read the alternatives to the proxy reporter.</i></p>	<p>(1) Improved a lot (GO TO qp13) (2) There was some improvement (GO TO qp13) (9) Didn't know/didn't answer (GO TO qp13)</p>
qp12	<p>Do you think there was much or some deterioration?</p> <p><i>Read the alternatives to the proxy reporter.</i></p>	<p>(1) There was some deterioration (2) Worsened a lot (9) Didn't know/didn't answer</p>
qp13	<p>Comparing the current condition of Mr./Mrs. (name of the interviewee) to the one of 2 YEARS AGO, how is his/her ability to remember his own address or his phone number?</p>	<p>(1) Improved (2) Didn't change much (GO TO qp16) (3) Worsened (GO TO qp15) (4) Does not apply (GO TO qp16) (9) Didn't know/didn't answer (GO TO qp16)</p>
qp14	<p>Do you think there was much or some improvement?</p> <p><i>Read the alternatives to the proxy reporter.</i></p>	<p>(1) Improved a lot (GO TO qp16) (2) There was some improvement (GO TO qp16) (9) Didn't know/didn't answer (GO TO qp16)</p>
qp15	<p>Do you think there was much or some deterioration?</p> <p><i>Read the alternatives to the proxy reporter.</i></p>	<p>(1) There was some deterioration (2) Worsened a lot (9) Didn't know/didn't answer</p>
qp16	<p>Comparing the current condition of Mr./Mrs. (name of the interviewee) to the one of 2 YEARS AGO, how is his/her ability to remember the day and month in which we are?</p> <p><i>Read the alternatives to the proxy reporter.</i></p>	<p>(1) Improved (2) Didn't change much (GO TO qp19) (3) Worsened (GO TO qp18) (4) Does not apply (GO TO qp19) (9) Didn't know/didn't answer (GO TO qp19)</p>
qp17	<p>Do you think there was much or some improvement?</p> <p><i>Read the alternatives to the proxy reporter.</i></p>	<p>(1) Improved a lot (GO TO qp19) (2) There was some improvement (GO TO qp19) (9) Didn't know/didn't answer (GO TO qp19)</p>

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qp18	Do you think there was much or some deterioration? <i>Read the alternatives to the proxy reporter.</i>	(1) There was some deterioration (2) Worsened a lot (9) Didn't know/didn't answer
qp19	Comparing the current condition of Mr./Mrs. (name of the interviewee) to the one of 2 YEARS AGO, how is his/her ability to remember where things are usually kept? <i>Read the alternatives to the proxy reporter.</i>	(1) Improved (2) Didn't change much (GO TO qp22) (3) Worsened (GO TO qp21) (4) Does not apply (GO TO qp22) (9) Didn't know/didn't answer (GO TO qp22)
qp20	Do you think there was much or some improvement? <i>Read the alternatives to the proxy reporter.</i>	(1) Improved a lot (GO TO qp22) (2) There was some improvement (GO TO qp22) (9) Didn't know/didn't answer (GO TO qp22)
qp21	Do you think there was much or some deterioration? <i>Read the alternatives to the proxy reporter.</i>	(1) There was some deterioration (2) Worsened a lot (9) Didn't know/didn't answer
qp22	Comparing the current condition of Mr./Mrs. (name of the interviewee) to the one of 2 YEARS AGO, how is his/her ability to remember where things were kept, when they were placed in a different location of the one usually used?	(1) Improved (2) Didn't change much (GO TO qp25) (3) Worsened (GO TO qp24) (4) Does not apply (GO TO qp25) (9) Didn't know/didn't answer (GO TO qp25)
qp23	Do you think there was much or some improvement? <i>Read the alternatives to the proxy reporter.</i>	(1) Improved a lot (GO TO qp25) (2) There was some improvement (GO TO qp25) (9) Didn't know/didn't answer (GO TO qp25)
qp24	Do you think there was much or some deterioration? <i>Read the alternatives to the proxy reporter.</i>	(1) There was some deterioration (2) Worsened a lot (9) Didn't know/didn't answer
qp25	Comparing the current condition of Mr./Mrs. (name of the interviewee) to the one of 2 YEARS AGO, how is his/her ability to remember how the main home appliances work?	(1) Improved (2) Didn't change much (GO TO qp28) (3) Worsened (GO TO qp27) (4) Does not apply (GO TO qp28) (9) Didn't know/didn't answer (GO TO qp28)
qp26	Do you think there was much or some improvement? <i>Read the alternatives to the proxy reporter.</i>	(1) Improved a lot (GO TO qp28) (2) There was some improvement (GO TO qp28) (9) Didn't know/didn't answer (GO TO qp28)

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qp27	Do you think there was much or some deterioration? <i>Read the alternatives to the proxy reporter.</i>	(1) There was some deterioration (2) Worsened a lot (9) Didn't know/didn't answer
qp28	Comparing the current condition of Mr./Mrs. (name of the interviewee) to the one of 2 YEARS AGO, how is his/her ability to learn how to use a new appliance existing at home?	(1) Improved (2) Didn't change much (GO TO qp31) (3) Worsened (GO TO qp30) (4) Does not apply (GO TO qp31) (9) Didn't know/didn't answer (GO TO qp31)
qp29	Do you think there was much or some improvement? <i>Read the alternatives to the proxy reporter.</i>	(1) Improved a lot (GO TO qp31) (2) There was some improvement (GO TO qp31) (9) Didn't know/didn't answer (GO TO qp31)
qp30	Do you think there was much or some deterioration? <i>Read the alternatives to the proxy reporter.</i>	(1) There was some deterioration (2) Worsened a lot (9) Didn't know/didn't answer
qp31	Comparing the current condition of Mr./Mrs. (name of the interviewee) to the one of 2 YEARS AGO, how is his/her ability to learn new things (tasks/abilities) in general?	(1) Improved (2) Didn't change much (GO TO qp34) (3) Worsened (GO TO qp33) (4) Does not apply (GO TO qp34) (9) Didn't know/didn't answer (GO TO qp34)
qp32	Do you think there was much or some improvement? <i>Read the alternatives to the proxy reporter.</i>	(1) Improved a lot (GO TO qp34) (2) There was some improvement (GO TO qp34) (9) Didn't know/didn't answer (GO TO qp34)
qp33	Do you think there was much or some deterioration? <i>Read the alternatives to the proxy reporter.</i>	(1) There was some deterioration (2) Worsened a lot (9) Didn't know/didn't answer
qp34	Comparing the current condition of Mr./Mrs. (name of the interviewee) to the one of 2 YEARS AGO, how is his/her ability to follow a story either in a book or on television?	(1) Improved (2) Didn't change much (GO TO qp37) (3) Worsened (GO TO qp36) (4) Does not apply (GO TO qp37) (9) Didn't know/didn't answer (GO TO qp37)
qp35	Do you think there was much or some improvement? <i>Read the alternatives to the proxy reporter.</i>	(1) Improved a lot (GO TO qp37) (2) There was some improvement (GO TO qp37) (9) Didn't know/didn't answer (GO TO qp37)

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qp36	Do you think there was much or some deterioration? <i>Read the alternatives to the proxy reporter.</i>	(1) There was some deterioration (2) Worsened a lot (9) Didn't know/didn't answer
qp37	Comparing the current condition of Mr./Mrs. (name of the interviewee) to the one of 2 YEARS AGO, how is his/her ability to make decisions on daily situations?	(1) Improved (2) Didn't change much (GO TO qp40) (3) Worsened (GO TO qp39) (4) Does not apply (GO TO qp40) (9) Didn't know/didn't answer (GO TO qp40)
qp38	Do you think there was much or some improvement? <i>Read the alternatives to the proxy reporter.</i>	(1) Improved a lot (GO TO qp40) (2) There was some improvement (GO TO qp40) (9) Didn't know/didn't answer (GO TO qp40)
qp39	Do you think there was much or some deterioration? <i>Read the alternatives to the proxy reporter</i>	(1) There was some deterioration (2) Worsened a lot (9) Didn't know/didn't answer
qp40	Comparing the current condition of Mr./Mrs. (name of the interviewee) to the one of 2 YEARS AGO, how is his/her ability to handle money to make purchases?	(1) Improved (2) Didn't change much (GO TO qp43) (3) Worsened (GO TO qp42) (4) Does not apply (GO TO qp43) (9) Didn't know/didn't answer (GO TO qp43)
qp41	Do you think there was much or some improvement? <i>Read the alternatives to the proxy reporter.</i>	(1) Improved a lot (GO TO VA qp43) (2) There was some improvement (GO TO qp43) (9) Didn't know/didn't answer (GO TO qp43)
qp42	Do you think there was much or some deterioration? <i>Read the alternatives to the proxy reporter.</i>	(1) There was some deterioration (2) Worsened a lot (9) Didn't know/didn't answer
qp43	Comparing the current condition of Mr./Mrs. (name of the interviewee) to the one of 2 YEARS AGO, how is his/her ability to deal with financial situations, such as to receive his/her retirement/pension or talk with a bank associate?	(1) Improved (2) Didn't change much (GO TO qp46) (3) Worsened (GO TO qp45) (4) Does not apply (GO TO qp46) (9) Didn't know/didn't answer (GO TO qp46)
qp44	Do you think there was much or some improvement? <i>Read the alternatives to the proxy reporter.</i>	(1) Improved a lot (GO TO qp46) (2) There was some improvement (GO TO qp46) (9) Didn't know/didn't answer (GO TO qp46)

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qp45	Do you think there was much or some deterioration? <i>Read the alternatives to the proxy reporter.</i>	(1) There was some deterioration (2) Worsened a lot (9) Didn't know/didn't answer
qp46	Comparing the current condition of Mr./Mrs. (name of the interviewee) to the one of 2 YEARS AGO, how is his/her ability to deal with arithmetical problems on a daily basis (for example, calculate the amount of food needed to buy, remember how long ago a family member or a friend paid him/her a visit)?	(1) Improved (2) Didn't change much (GO TO qp49) (3) Worsened (GO TO qp48) (4) Does not apply (GO TO qp49) (9) Didn't know/didn't answer (GO TO qp49)
qp47	Do you think there was much or some improvement? <i>Read the alternatives to the proxy reporter.</i>	(1) Improved a lot (GO TO qp49) (2) There was some improvement (GO TO qp49) (9) Didn't know/didn't answer (GO TO qp49)
qp48	Do you think there was much or some deterioration? <i>Read the alternatives to the proxy reporter.</i>	(1) There was some deterioration (2) Worsened a lot (9) Didn't know/didn't answer
qp49	Comparing the current condition of Mr./Mrs. (name of the interviewee) to the one of 2 YEARS AGO, how is his/her ability to understand what is going on or the reasons that caused something to happen?	(1) Improved (2) Didn't change much (GO TO qp52) (3) Worsened (GO TO qp51) (4) Does not apply (GO TO qp52) (9) Didn't know/didn't answer (GO TO qp52)
qp50	Do you think there was much or some improvement? <i>Read the alternatives to the proxy reporter.</i>	(1) Improved a lot (GO TO qp52) (2) There was some improvement (GO TO qp52) (9) Didn't know/didn't answer (GO TO qp52)
qp51	Do you think there was much or some deterioration? <i>Read the alternatives to the proxy reporter.</i>	(1) There was some deterioration (2) Worsened a lot (9) Didn't know/didn't answer
	Now, please, think about the current behavior of Mr./Mrs. (name of the interviewee) .	
qp52	Has Mr./Mrs. (name of the interviewee) been getting lost frequently in environments that are familiar to him/her?	(1) Yes (2) No (9) Didn't know/didn't answer
qp53	Has Mr./Mrs. (name of the interviewee) been getting lost frequently in the street, needing help to get back home?	(1) Yes (2) No (9) Didn't know/didn't answer

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qp54	Can Mr./Mrs. (name of the interviewee) be left alone for a period of one hour?	(1) Yes (2) No (9) Didn't know/didn't answer
qp55	Has Mr./Mrs. (name of the interviewee) seen or heard things that don't exist?	(1) Yes (2) No (9) Didn't know/didn't answer

Section R: Depressive symptoms

r1	Interviewer: Is the survey being answered with the help of another person?	(0) No (1) Yes (GO TO r10)
r2	During the PAST WEEK, have you felt depressed most of the time?	(0) No (1) Yes (8) Does not apply (9) Didn't know/didn't answer
r3	During the PAST WEEK, have you felt most of the time that things were more difficult than they used to be?	(0) No (1) Yes (8) Does not apply (9) Didn't know/didn't answer
r4	During the PAST WEEK, have you felt, most of the time, that your sleep was not restful, that is, you were waking up not feeling rested?	(0) No (1) Yes (8) Does not apply (9) Didn't know/didn't answer
r5	During the PAST WEEK, have you felt happy most of the time?	(0) No (1) Yes (8) Does not apply (9) Didn't know/didn't answer
r6	During the PAST WEEK, have you felt lonely most of the time?	(0) No (1) Yes (8) Does not apply (9) Didn't know/didn't answer
r7	During the PAST WEEK, have you enjoyed or felt pleasure in your life most of the time?	(0) No (1) Yes (8) Does not apply (9) Didn't know/didn't answer
r8	During the PAST WEEK, have you felt sad most of the time?	(0) No (1) Yes (8) Does not apply (9) Didn't know/didn't answer
r9	During the PAST WEEK, have you felt unable to carry out your things most of the time?	(0) No (1) Yes (8) Does not apply (9) Didn't know/didn't answer

Section S: Psychosocial

ACTIVITY AND SOCIABILITY		
<i>Social relationships</i>		
s1	Do you have living children who do not live with you?	(1) Yes (2) No (GO TO s4) (9) Didn't know/didn't answer (GO TO s4)
s2	How often do you MEET (IN PERSON) WITH ANY OF YOUR CHILDREN, not counting the ones that live with you? (SHOW CARD 4)	(1) 3 or more times a week (2) 1 or 2 times a week (3) 1 or 2 times a month (4) Every 2 or 3 months (5) 1 or 2 times a year (6) Less than once a year or never (9) Didn't know/didn't answer
s3	How often do you TALK ON THE PHONE WITH ANY OF YOUR CHILDREN, not counting the ones that live with you? (SHOW CARD 4)	(1) 3 or more times a week (2) 1 or 2 times a week (3) 1 or 2 times a month (4) Every 2 or 3 months (5) 1 or 2 times a year (6) Less than once a year or never (9) Didn't know/didn't answer
s4	Do you have any other relatives, such as siblings, cousins, uncles/aunts and nephews/nieces who do not live with you?	(1) Yes (2) No (GO TO s7) (9) Didn't know/didn't answer (GO TO s7)
s5	How often do you MEET (IN PERSON) WITH ANY OF YOUR RELATIVES, not counting the ones that live with you? (SHOW CARD 4)	(1) 3 or more times a week (2) 1 or 2 times a week (3) 1 or 2 times a month (4) Every 2 or 3 months (5) 1 or 2 times a year (6) Less than once a year or never (9) Didn't know/didn't answer
s6	How often do you TALK ON THE PHONE, SKYPE, WHATSAPP, and FACEBOOK WITH ANY OF YOUR RELATIVES, not including those who live with you? (SHOW CARD 4)	(1) 3 or more times a week (2) 1 or 2 times a week (3) 1 or 2 times a month (4) Every 2 or 3 months (5) 1 or 2 times a year (6) Less than once a year or never (9) Didn't know/didn't answer
s7	Do you have friends?	(1) Yes (2) No (GO TO s10) (9) Didn't know/didn't answer (GO TO s10)
s8	How often do you MEET (IN PERSON) WITH ANY OF YOUR FRIENDS, not counting the ones that live with you? (SHOW CARD 4)	(1) 3 or more times a week (2) 1 or 2 times a week (3) 1 or 2 times a month (4) Every 2 or 3 months (5) 1 or 2 times a year (6) Less than once a year or never (9) Didn't know/didn't answer

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s9	How often do you TALK ON THE PHONE OR ON SKYPE WITH ANY OF YOUR FRIENDS, not counting the ones that live with you? (SHOW CARD 4)	(1) 3 or more times a week (2) 1 or 2 times a week (3) 1 or 2 times a month (4) Every 2 or 3 months (5) 1 or 2 times a year (6) Less than once a year or never (9) Didn't know/didn't answer
s10	Interviewer: Is the interviewee answering to the questionnaire with the help of another person?	(0) No (1) Yes (GO TO s55)
<i>Social support within networks of informal relationships</i>		
Now we would like to know with whom you can count in case you need help due to an illness.		
s11	If you need help to take care of your home, due to illness, who is the main person who will help you? Interviewer: do not read the alternatives, wait for the participant to speak spontaneously.	(1) Spouse or partner (2) Child (3) Daughter or son-in-law (4) Other relative (5) Friends (6) Housemaid (7) Other paid employee (8) Neighbor (9) Other (10) Nobody (99) Didn't know/didn't answer
s12	If, due to illness, you need help with shopping, paying bills or going to the bank, who is the main person who will help you? Interviewer: do not read the alternatives, wait for the participant to speak spontaneously.	(1) Spouse or partner (2) Child (3) Daughter or son-in-law (4) Other relative (5) Friends (6) Housemaid (7) Other paid employee (8) Neighbor (9) Other (10) Nobody (99) Didn't know/didn't answer
s13	If you want to tell a secret or share something very personal, who else can you trust? Interviewer: do not read the alternatives, wait for the participant to speak spontaneously.	(1) Spouse or partner (2) Child (3) Daughter or son-in-law (4) Other relative (5) Friends (6) Housemaid (7) Other paid employee (8) Neighbor (9) Other (10) Nobody (99) Didn't know/didn't answer

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s14	<p>If you need to loan some money or borrow an object, who would you ask?</p> <p>Interviewer: do not read the alternatives, wait for the participant to speak spontaneously.</p>	<p>(1) Spouse or partner (2) Child (3) Daughter or son-in-law (4) Other relative (5) Friends (6) Housemaid (7) Other paid employee (8) Neighbor (9) Other (10) Nobody (99) Didn't know/didn't answer</p>
Positive and negative social support		
I will read you some statements. To each one of them, answer choosing between the alternatives never, sometimes and always.		
s15	<p>Do you get annoyed because you think people try to help you more than you think you need?</p> <p>(SHOW CARD 4)</p>	<p>(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer</p>
s16	<p>Do you think people request or demand a lot from you as well as criticize you?</p> <p>(SHOW CARD 4)</p>	<p>(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer</p>
Loneliness		
s17	<p>How often do you feel alone/lonely?</p> <p>(SHOW CARD 4)</p>	<p>(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer</p>
SUBJECTIVE WELL-BEING		
Overall Satisfaction with life		
Let's use this ladder to help you evaluate THE LEVEL OF OVERALL SATISFACTION WITH YOUR LIFE. The top step is the number 10 which represents the maximum overall satisfaction with life. The bottom step is the number 1 which represents the lowest level of overall satisfaction with life.		
s18	<p>Please think about your level of satisfaction with life and point out the corresponding grade.</p> <p>Interviewer: record the grade number chosen by the interviewee.</p>	<p> __ __ Number of the grade indicated</p>

	<i>Satisfaction with life compared to others of the same age</i>	
s19	<p>Now we'll use the same ladder design to help you EVALUATE YOUR SATISFACTION WITH LIFE COMPARED TO OTHERS OF THE SAME AGE.</p> <p>If you think that your life is better than the life of others of your age, choose one of the highest grades. If you believe that your life is worse than the life of others of your age choose one of the grades on the bottom. If you think your life is similar, choose one of the grades on the middle of the ladder.</p> <p>Interviewer: record the grade number chosen by the interviewee.</p>	<div style="border: 1px solid black; height: 100px; margin-bottom: 10px;"></div> <div style="display: flex; align-items: center;"> <div style="border: 1px solid black; width: 30px; height: 30px; margin-right: 5px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px; margin-right: 5px;"></div> <div>Number of the grade indicated</div> </div>
	O mais alto <div style="border: 1px solid black; width: 100px; height: 100px; position: relative; margin: 0 auto;"> <div style="position: absolute; top: 0; right: 0; text-align: center;">10</div> <div style="position: absolute; top: 10%; right: 10%; text-align: center;">9</div> <div style="position: absolute; top: 20%; right: 20%; text-align: center;">8</div> <div style="position: absolute; top: 30%; right: 30%; text-align: center;">7</div> <div style="position: absolute; top: 40%; right: 40%; text-align: center;">6</div> <div style="position: absolute; top: 50%; right: 50%; text-align: center;">5</div> <div style="position: absolute; top: 60%; right: 60%; text-align: center;">4</div> <div style="position: absolute; top: 70%; right: 70%; text-align: center;">3</div> <div style="position: absolute; top: 80%; right: 80%; text-align: center;">2</div> <div style="position: absolute; top: 90%; right: 90%; text-align: center;">1</div> </div> O mais baixo	
	CRITICAL EVENTS ON THE PAST TWELVE MONTHS	
s20	<p>In the PAST 12 MONTHS, have you experienced the death of a spouse or partner?</p>	<p>(0) No (1) Yes (9) Didn't know/didn't answer</p>

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s21	In the PAST 12 MONTHS, have you experienced the death of a child?	(0) No (1) Yes (9) Didn't know/didn't answer
s22	In the PAST 12 MONTHS, have you experienced the death of any other loved one?	(0) No (1) Yes (9) Didn't know/didn't answer
s23	In the PAST 12 MONTHS, have you experienced a severe illness of a child or a grandchild?	(0) No (1) Yes (9) Didn't know/didn't answer
s24	In the PAST 12 MONTHS, have you gotten seriously ill?	(0) No (1) Yes (9) Didn't know/didn't answer
s25	In the PAST 12 MONTHS, have you experienced unemployment, divorce or financial issues of any of your children or grandchildren?	(0) No (1) Yes (9) Didn't know/didn't answer
s26	In the PAST 12 MONTHS, have you experienced any kind of violence suffered by your children or grandchildren (robbery, theft, physical assault, attempted murder)?	(0) No (1) Yes (9) Didn't know/didn't answer
s27	In the PAST 12 MONTHS, were you a victim of an act of violence (robbery, theft, physical assault, attempted murder)?	(0) No (1) Yes (9) Didn't know/didn't answer
	RELIGIOSITY	
s28	What is your religion?	(1) Doesn't have one (GO TO s36) (2) Catholic (3) Protestant (4) Evangelical (5) Spiritualist/Kardecist (6) Buddhist (7) Muslim (8) African religions (9) Other (99) Didn't know/didn't answer
s29	In the PAST 12 MONTHS, how often have you participated in religious ceremonies, such as masses, worships or prayer groups in temples, churches or over the TV?	(1) More than once a week (2) Once a week (3) Twice or three times a month (4) Once or a few times a year (5) Never (9) Didn't know/didn't answer
	Meaning of religiosity	
	I will ask you about the level of importance that religion has in your life. You will choose between the alternatives not important, somewhat important and very important.	
s30	To what extent does religious faith bring meaning to your life?	(1) Not important (2) Somewhat important (3) Very important (9) Didn't know/didn't answer

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s31	How much daily praying or meditating is important to you?	(1) Not important (2) Somewhat important (3) Very important (9) Didn't know/didn't answer
s32	Do you consider yourself active in the practice of your religion?	(1) Not important (2) Somewhat important (3) Very important (9) Didn't know/didn't answer
s33	Does your religion help you face difficult times?	(1) Not important (2) Somewhat important (3) Very important (9) Didn't know/didn't answer
s34	Does your religion help you to be a better person?	(1) Not important (2) Somewhat important (3) Very important (9) Didn't know/didn't answer
s35	Does being part of a religious group make you feel accepted and active (participative)?	(1) Not important (2) Somewhat important (3) Very important (9) Didn't know/didn't answer
<i>Control, Autonomy, Self-fulfillment and Pleasure</i>		
I would like to know about how often you think about certain aspects of your life. You must choose one of the alternatives never, sometimes or always to answer each of the following questions.		
s36	How often do you think your age prevents you from doing things that you would like to do? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
s37	How often do you think that you do not have control about the events that happen to you? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
s38	How often do you feel free to make plans about your future? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
s39	How often do you feel excluded from events? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
s40	How often do you get to do the things that you wish to? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
s41	How often do your family responsibilities prevent you from doing what you want? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer

Questionnaire

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s42	How often are you able to look for activities that give you pleasure? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
s43	How often does your health prevent you from doing what you would like to? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
s44	How often do your financial problems prevent you from doing what you would like to? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
s45	How often do you wait enthusiastically for each day? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
s46	How often do you feel that your life has a meaning? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
s47	How often do you like what you do? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
s48	How often do you like to be in the company of other people? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
s49	How often do you feel happy when you think about what you have already lived? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
s50	How often do you feel full of energy? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
s51	How often do you like to do new things? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
s52	How often do you feel satisfied with your achievements? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
s53	How often do you think that life is full of opportunities? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer

Questionnaire
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s54	How often do you feel optimistic about the future? (SHOW CARD 4)	(1) Never (2) Sometimes (3) Always (9) Didn't know/didn't answer
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Section T: Use of medications

	Now, I'll ask you a few questions regarding medications of regular or continuous use, meaning the medications that were prescribed by your doctor and that you can't be without.	
t1	Are you currently taking any medication of regular or continuous use that was prescribed by your doctor?	(0 No (GO TO t8) (1) Yes (9) Didn't know/didn't answer (GO TO t8)
t2	How many medications of regular or continuous use, prescribed by your doctor, have you taken in the PAST TWO WEEKS?	_ _ number of medications (999) Didn't know/didn't answer
t3	In the PAST 30 DAYS, how much have you spent on medications of regular or continuous use that were prescribed by your doctor?	R\$ _ _ _ _ _ .00 (GO TO t5) (000.00) Didn't pay anything (GO TO t5) (999999) Didn't know/didn't answer If the amount was informed, the code 00 will be automatically filled in T4 and it won't be necessary to ask the respondent.

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

t4	What is the range that best represents the amount paid?	(0) No expenditure on this item (1) Less than R\$50 (2) Between R\$50 and R\$99 (3) Between R\$100 and R\$149 (4) Between R\$150 and R\$199 (5) Between R\$200 and R\$299 (6) Between R\$300 and R\$399 (7) Between R\$400 and R\$499 (8) Between R\$500 and R\$599 (9) Between R\$600 and R\$699 (10) Between R\$700 and R\$799 (11) Between R\$800 and R\$899 (12) Between R\$900 and R\$999 (13) Between R\$1,000 and R\$1,999 (14) Between R\$2,000 and R\$2,999 (15) Between R\$3,000 and R\$3,999 (16) Between R\$4,000 and R\$4,999 (17) Between R\$5,000 and R\$5,999 (18) Between R\$ 6,000 and R\$ 6,999 (19) Between R\$ 7,000 and R\$ 7,999 (20) Between R\$ 8,000 and R\$ 8,999 (21) Between R\$ 9,000 and R\$ 9,999 (22) R\$10,000 and up (99) Didn't know/didn't answer
t5	In general, what is the main issue you have to deal with in order to get medications, prescribed by the doctor, of regular or continuous use? <i>Read the alternatives to the respondent and check only one.</i>	(1) Has no problem getting the medications (2) Financial issues (3) Difficulties finding the medications at the pharmacy, including the public pharmacy (SUS), popular pharmacy (Popular Pharmacy Program) or any other pharmacy (4) Difficulties getting to the pharmacy (it is far away from home and/or there is no transportation) (5) Difficulty getting someone to go to the pharmacy to buy the medication (6) Other issues (9) Didn't know/didn't answer
t6	In the PAST 30 DAYS, due to financial issues, you: <i>Read the alternatives to the respondent.</i>	(1) Had no financial issues to buy the medication(s) (2) Did not take a medication that was prescribed by a doctor or a dentist (3) Decrease the number of pills of the medication(s) that were prescribed by the doctor (4) Decreased the dose of the medication, breaking the pills or taking less drops (5) Didn't use medication(s) (9) Didn't know/didn't answer
t7	Was this section answered with someone else's assistance?	(0) No (1) Yes, partially (2) Yes, totally

Section U: Use of health services

	Now, we'll talk about the use of health services.	
	HEALTH PLAN	
u1	Are you covered by a private health insurance plan from a company or a public agency? <i>Exclude dental plan.</i>	(1) Yes (2) No (GO TO u6) (9) Didn't know/didn't answer (GO TO u6)
u2	For how long have you had this health insurance? <i>Read the alternatives to the respondent.</i>	(1) Less than 6 months (2) Between 6 months and 1 year (3) Between 1 year and 2 years (4) More than 2 years (9) Didn't know/didn't answer
u3	Considering the LAST 3 MONTHS, how much have you paid for the last monthly fee of this health insurance?	R\$ _ _ _ _ _ .00 (GO TO u5) (00.0) Does not pay (999999) Didn't know/didn't answer <i>If the amount was informed, the code 00 will be automatically filled in U4 and it won't be necessary to ask the respondent.</i>
u4	What is the range that best represents the last amount paid? <i>Read the alternatives to the respondent.</i> (SHOW CARD 5)	(0) No expenditure on this item (1) Less than R\$50 (2) Between R\$50 and R\$99 (3) Between R\$100 and R\$149 (4) Between R\$150 and R\$199 (5) Between R\$200 and R\$299 (6) Between R\$300 and R\$399 (7) Between R\$400 and R\$499 (8) Between R\$500 and R\$599 (9) Between R\$600 and R\$699 (10) Between R\$700 and R\$799 (11) Between R\$800 and R\$899 (12) Between R\$900 and R\$999 (13) Between R\$1,000 and R\$1,999 (14) Between R\$2,000 and R\$2,999 (15) Between R\$3,000 and R\$3,999 (16) Between R\$4,000 and R\$4,999 (17) Between R\$5,000 and R\$5,999 (18) Between R\$ 6,000 and R\$ 6,999 (19) Between R\$ 7,000 and R\$ 7,999 (20) Between R\$ 8,000 and R\$ 8,999 (21) Between R\$ 9,000 and R\$ 9,999 (22) R\$10,000 and up (99) Didn't know/didn't answer

Questionnaire

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u5	<p>Who paid for the past monthly fee of your health insurance?</p> <p><i>Read the alternatives to the respondent.</i></p>	<p>(1) Company/employer (2) Himself/herself (3) Himself/herself + help of someone else (4) Spouse (5) Child/son or daughter-in-law (6) Other person (7) Spouse's company (9) Didn't know/didn't answer</p>
CONSULTS WITH A DOCTOR AND WITH OTHER HEALTH PROFESSIONALS		
u6	<p>In the PAST 12 MONTHS, how many times have you seen a doctor?</p>	<p> _ _ times</p> <p>(00) Didn't consult (GO TO u10) (999) Didn't know/didn't answer (GO TO u10)</p>
u7	<p>How did you get the medical appointment?</p> <p><i>Read the alternatives to the respondent.</i></p>	<p>(1) Walked in the health service without scheduling an appointment (2) Scheduled an appointment previously (3) Was referred by another health service or professional (including by the staff of the Family Health Strategy) (4) Emergency care (5) Other (9) Didn't know/didn't answer</p>
u8	<p>In the PAST 12 MONTHS, how many of your medical visits were with a specialist?</p> <p><i>Specialists: cardiologist (heart doctor), neurologist, geriatrician, endocrinologist, surgeon, orthopedic surgeon, ophthalmologist, otolaryngologist, psychiatrist, among others.</i></p>	<p> _ _ visits</p> <p>(00) None (999) Didn't know/didn't answer</p>
u9	<p>In the PAST 12 MONTHS, how many of your medical visits were at your home?</p>	<p> _ _ visits</p> <p>(0) None (999) Didn't know/didn't answer</p>
REGULAR SOURCE OF HEALTH CARE SERVICES		
u10	<p>Is there a health care professional or a service that you usually seek when you are sick or need advice about your health?</p>	<p>(1) Yes (2) No (GO TO u12) (3) Didn't know/didn't answer (GO TO u12)</p>
u11	<p>Since when have you been seeing this health care professional or service?</p>	<p>(1) Less than 1 year (2) 1 year or more (9) Didn't know/didn't answer</p>
<p>When you seek a health care service or a health professional, how often:</p>		

Questionnaire

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u12	do you find it easy to get an appointment? (SHOW CARD 5)	(1) Always (2) Most of the times (3) Rarely (4) Never (9) Didn't know/didn't answer
u13	do you get an appointment within 24 hours when you are sick? (SHOW CARD 5)	(1) Always (2) Most of the times (3) Rarely (4) Never (9) Didn't know/didn't answer
u14	do you manage to request information over the phone when you need health care, no matter if within the health service or directly with a doctor? (SHOW CARD 5)	(1) Always (2) Most of the times (3) Rarely (4) Never (9) Didn't know/didn't answer
u15	do you or your companion have to skip work (miss a full workday) to get you to a medical consult? (SHOW CARD 5)	(1) Always (2) Most of the times (3) Rarely (4) Never (9) Didn't know/didn't answer
u16	are you seen by the same doctor? (SHOW CARD 5)	(1) Always (2) Most of the times (3) Rarely (4) Never (9) Didn't know/didn't answer
u17	does the doctor who sees you listen to your complaints carefully? (SHOW CARD 5)	(1) Always (2) Most of the times (3) Rarely (4) Never (9) Didn't know/didn't answer
	When you seek a health care service or a health professional, how often does the doctor who sees you:	
u18	explain details about your health or treatment in a way that it is easy for you to understand? (SHOW CARD 5)	(1) Always (2) Most of the times (3) Rarely (4) Never (9) Didn't know/didn't answer
u19	know about all the medication that you are taking? (SHOW CARD 5)	(1) Always (2) Most of the times (3) Rarely (4) Never (9) Didn't know/didn't answer
u20	have the capacity of solving most of your health issues? (SHOW CARD 5)	(1) Always (2) Most of the times (3) Rarely (4) Never (9) Didn't know/didn't answer
	When you seek a health care service or a health professional, how often:	

Questionnaire

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u21	<p>does the doctor who sees you ask about the health of other members of your family or about yours and your family's living conditions (e.g. sanitation, tap water, sewer system, diet, employment)?</p> <p>(SHOW CARD 5)</p>	<p>(1) Always (2) Most of the times (3) Rarely (4) Never (9) Didn't know/didn't answer</p>
u22	<p>does the doctor who sees you know your main health issues (i.e., has a file or records of this information)?</p> <p>(SHOW CARD 5)</p>	<p>(1) Always (2) Most of the times (3) Rarely (4) Never (9) Didn't know/didn't answer</p>
u23	<p>Do you consider that your medical visit lasts the right amount of time?</p> <p>(SHOW CARD 5)</p>	<p>(1) Always (2) Most of the times (3) Rarely (4) Never (9) Didn't know/didn't answer</p>
u24	<p>When you seek a health care service or a health professional, how often does the primary care physician or general doctor talk to you about the results of your visit with the specialist?</p> <p><i>Read the alternatives to the respondent.</i></p> <p>(SHOW CARD 5)</p>	<p>(1) Always (2) Most of the times (3) Rarely (4) Never (9) Didn't know/didn't answer</p>
u25	<p>Do you usually have to see your primary care physician to get an appointment with a specialist?</p>	<p>(1) Yes (2) No (3) Does not apply (doesn't have a primary care physician and consults directly with the specialist) (9) Didn't know/didn't answer</p>
u26	<p>When you seek a health care service or a health professional, how often does the person who sees you (general doctor or other health professional) help you schedule exams and consults with specialists?</p> <p><i>Read the alternatives to the respondent.</i></p>	<p>(1) Always (2) Most of the times (3) Rarely (4) Never (8) Doesn't need a consult with a general doctor to get a referral to a specialist (9) Didn't know/didn't answer</p>
u27	<p>Would you recommend the doctors or health care professionals that treated you ON THE LAST TIME you needed health care?</p>	<p>(1) Yes, all or most of them (2) Yes, some of them (3) No, none of them (9) Didn't know/didn't answer</p>
u28	<p>In the PAST 12 MONTHS, has any doctor talked to you about diet or nutrition care?</p>	<p>(0) No (1) Yes (9) Didn't know/didn't answer</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

u29	In the PAST 12 MONTHS, has any doctor talked to you about physical activities or exercising?	(0) No (1) Yes (9) Didn't know/didn't answer
u30	In the PAST 12 MONTHS, has any doctor talked to you about alcohol use?	(0) No (1) Yes (9) Didn't know/didn't answer
u31	In the PAST 12 MONTHS, has any doctor talked to you about tobacco use?	(0) No (1) Yes (9) Didn't know/didn't answer
USE OF HEALTH SERVICES WITHIN THE LAST TWO WEEKS		
u32	Have you looked for a health service to get an appointment related to your health, in the PAST 2 WEEKS?	(0) No (GO TO u41) (1) Yes (9) Didn't know/didn't answer (GO TO u41)
u33	Where did you first seek health care in the PAST 2 WEEKS?	(1) Clinic/Health Center/Basic Health Care Unit (2) Private medical practice (3) Public polyclinic or Clinic for Medical Care (PAM) (4) Urgent care unit (UPA) (5) Emergency room or hospital emergency (6) Private or public hospital ambulatory (7) At home, with a private doctor from the health plan or from the public health system (SUS) (8) Pharmacy (9) Other (99) Didn't know/didn't answer
u34	Were you immediately taken care of on the first time you sought care in this health service in the PAST 2 WEEKS?	(0) No (1) Yes (GO TO u36) (9) Didn't know/didn't answer (GO TO u36)
u35	What was the reason for not being taken care of on the first time you sought care in this health service in the PAST 2 WEEKS?	(1) There were no appointments available on the schedule or was not able to get a spot on the waiting list (password) (2) There were no doctors working (3) There was no service or specialized professional (4) The service or equipment was not working (5) Couldn't afford (6) Waited for too long and gave up (7) Other reason (9) Didn't know/didn't answer
u36	In this latest appointment, within the PAST 2 WEEKS, were you prescribed any medication?	(0) No (GO TO u40) (1) Yes (9) Didn't know/didn't answer (GO TO u40)

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

u37	<p>Were you able to get all the medication that was prescribed to you on your latest appointment within the PAST 2 WEEKS?</p> <p><i>Read the alternatives to the respondent.</i></p>	<p>(0) No (1) Yes (GO TO u39) (9) Didn't know/didn't answer (GO TO u40)</p>
u38	<p>Why didn't you get all the medication that was prescribed to you on your latest appointment within the PAST 2 WEEKS?</p>	<p>(1) Lack of money (2) Did not find the medication at the pharmacy (3) There was no pharmacy close or accessible (4) Already had the medication at home or received from someone else (5) Didn't think that all the medications were necessary (6) Started to feel better (7) Other (9) Didn't know/didn't answer</p>
u39	<p>Did you get for free some of the medication that was prescribed to you on your latest appointment within the PAST 2 WEEKS?</p>	<p>(1) Yes, all of them (2) Yes, some of them (3) No (9) Didn't know/didn't answer</p>
u40	<p>Would you recommend the health care professionals who treated you on your latest appointment within THE PAST 2 WEEKS?</p>	<p>(1) Yes, all or most of them (2) Yes, some of them (3) No, none of them (9) Didn't know/didn't answer</p>
u41	<p>In general what is the main issue you most dislike when you need medical care?</p> <p><i>Read all the alternatives to the respondent and check only one.</i></p>	<p>(1) Difficult access to the health service (no transportation or far from home) (2) Difficulty making an appointment due to the waiting list (3) Price of medical care (very expensive) (4) Difficulty finding a doctor when it is most needed (5) Don't find any relevant issues (6) Other (7) Nothing displeases me (9) Didn't know/didn't answer</p>
HOSPITALIZATIONS		
u42	<p>In the PAST 12 MONTHS, have you been admitted to a hospital for 24 hours or more?</p>	<p>(0) No (GO TO u47) (1) Yes (9) Didn't know/didn't answer (GO TO u47)</p>
u43	<p>In the PAST 12 MONTHS, how many times have you been hospitalized?</p> <p><i>Consider one time when the person was hospitalized for at least 24 hours and then discharged.</i></p>	<p> __ __ number of hospitalizations (999) Didn't know/didn't answer</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

u44	In this latest hospitalization, for how long did you stay in the hospital?	_ _ number of days of the latest hospitalization (999) Didn't know/didn't answer
u45	Would you recommend the doctors or health care professionals from the hospital where you were admitted most recently?	(1) Yes, all or most of them (2) Yes, some of them (3) No, none of them (9) Didn't know/didn't answer
u46	After your latest hospitalization, did your primary care physician or the health service you usually go when you need health care learn about your hospitalization?	(0) No (1) Yes (2) Didn't return to the health care service or didn't consult with the primary care physician after the hospitalization (9) Didn't know/didn't answer
EMERGENCY CARE (home/hospital/emergency room/urgent care unit)		
u47	In the PAST 12 MONTHS, have you received urgent care AT HOME?	(0) No (GO TO u49) (1) Yes (9) Didn't know/didn't answer (GO TO u49)
u48	In the PAST 12 MONTHS, how many times did you receive urgent care AT HOME?	_ _ times (999) Didn't know/didn't answer
u49	In the PAST 12 MONTHS, have you sought urgent health care?	(0) No (GO TO u51) (1) Yes (9) Didn't know/didn't answer (GO TO u51)
u50	Where did you seek this urgent care?	(1) Hospital (2) Urgent Care Unit (UPA) (3) Other (9) Didn't know/didn't answer
HEALTH EXPENSES		
<p>To complete the interview, I will make a few questions about your health expenditure over the last 90 days.</p> <p>Interviewer: the following questions refer to the health expenditures of the interviewee. Consider payments made by the interviewee him/herself as well as those made by relatives or close friends, as long as related to health care provided to the interviewee.</p>		
u51	In the PAST 90 DAYS, have you paid any medical consultation?	(0) No (GO TO u54) (1) Yes (9) Didn't know/didn't answer (GO TO u54)
u52	In the PAST 90 DAYS, how much have you spent in total with medical consultations?	R\$ _ _ _ _ .00 (GO TO u54) (00) Did not pay (9999999) Didn't know/didn't answer If the amount was informed, the code 00 will be automatically filled in U53 and it won't be necessary to ask the respondent.

Questionnaire

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u53	<p>What is the range that best represents the amount paid in the LAST 90 DAYS?</p> <p><i>Read the alternatives to the respondent.</i></p> <p>(SHOW CARD 5)</p>	<p>(0) No expenditure on this item (1) Less than R\$50 (2) Between R\$50 and R\$99 (3) Between R\$100 and R\$149 (4) Between R\$150 and R\$199 (5) Between R\$200 and R\$299 (6) Between R\$300 and R\$399 (7) Between R\$400 and R\$499 (8) Between R\$500 and R\$599 (9) Between R\$600 and R\$699 (10) Between R\$700 and R\$799 (11) Between R\$800 and R\$899 (12) Between R\$900 and R\$999 (13) Between R\$1,000 and R\$1,999 (14) Between R\$2,000 and R\$2,999 (15) Between R\$3,000 and R\$3,999 (16) Between R\$4,000 and R\$4,999 (17) Between R\$5,000 and R\$5,999 (18) Between R\$ 6,000 and R\$ 6,999 (19) Between R\$ 7,000 and R\$ 7,999 (20) Between R\$ 8,000 and R\$ 8,999 (21) Between R\$ 9,000 and R\$ 9,999 (22) R\$10,000 and up (99) Didn't know/didn't answer</p>
u54	In the PAST 90 DAYS, have you paid any consult/treatment with a dentist?	<p>(0) No (GO TO u57) (1) Yes (9) Didn't know/didn't answer (GO TO u57)</p>
u55	In the PAST 90 DAYS, how much have you spent in total with your dentist?	<p>R\$ _ _ _ _ _ .00 (GO TO u57)</p> <p>(00) Did not pay (9999999) Didn't know/didn't answer</p> <p>If the amount was informed, the code 00 will be automatically filled in U56 and it won't be necessary to ask the respondent.</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

u56	<p>What is the range that best represents the amount paid in the LAST 90 DAYS?</p> <p>(SHOW CARD 5)</p>	<p>(0) No expenditure on this item (1) Less than R\$50 (2) Between R\$50 and R\$99 (3) Between R\$100 and R\$149 (4) Between R\$150 and R\$199 (5) Between R\$200 and R\$299 (6) Between R\$300,00 and R\$399 (7) Between R\$400 and R\$499 (8) Between R\$500 and R\$599 (9) Between R\$600 and R\$699 (10) Between R\$700 and R\$799 (11) Between R\$800 and R\$899 (12) Between R\$900 and R\$999 (13) Between R\$1,000 and R\$1,999 (14) Between R\$2,000 and R\$2,999 (15) Between R\$3,000 and R\$3,999 (16) Between R\$4,000 and R\$4,999 (17) Between R\$5,000 and R\$5,999 (18) Between R\$ 6,000 and R\$ 6,999 (19) Between R\$ 7,000 and R\$ 7,999 (20) Between R\$ 8,000 and R\$ 8,999 (21) Between R\$ 9,000 and R\$ 9,999 (22) R\$10,000 and up (99) Didn't know/didn't answer</p>
u57	<p>In the PAST 90 DAYS, have you had expenditures with hospitalization?</p> <p>Interviewer: consider expenditures related to the hospitalization. If the expense was only with medical consults or exams performed at the hospital consider as payment for consults or exams, respectively.</p>	<p>(0) No (GO TO u60) (1) Yes (9) Didn't know/didn't answer (GO TO u60)</p>
u58	<p>In the PAST 90 DAYS, how much have you spent in total with hospitalizations?</p> <p>Include all expenditures with hospitalization.</p>	<p>R\$ _ _ _ _ _ .00 (GO TO u60)</p> <p>(00) Did not pay (9999999) Didn't know/didn't answer</p> <p>If the amount was informed, the code 00 will be automatically filled in U59 and it won't be necessary to ask the respondent.</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

u59	<p>What is the range that best represents the amount paid in the LAST 90 DAYS?</p> <p>(SHOW CARD 5)</p>	<p>(0) No expenditure on this item (1) Less than R\$50 (2) Between R\$50 and R\$99 (3) Between R\$100 and R\$149 (4) Between R\$150 and R\$199 (5) Between R\$200 and R\$299 (6) Between R\$300 and R\$399 (7) Between R\$400 and R\$499 (8) Between R\$500 and R\$599 (9) Between R\$600 and R\$699 (10) Between R\$700 and R\$799 (11) Between R\$800 and R\$899 (12) Between R\$900 and R\$999 (13) Between R\$1,000 and R\$1,999 (14) Between R\$2,000 and R\$2,999 (15) Between R\$3,000 and R\$3,999 (16) Between R\$4,000 and R\$4,999 (17) Between R\$5,000 and R\$5,999 (18) Between R\$ 6,000 and R\$ 6,999 (19) Between R\$ 7,000 and R\$ 7,999 (20) Between R\$ 8,000 and R\$ 8,999 (21) Between R\$ 9,000 and R\$ 9,999 (22) R\$10,000 and up (99) Didn't know/didn't answer</p>
u60	<p>In the PAST 90 DAYS, have you paid for a consult/treatment with a physiotherapist?</p>	<p>(0) No (GO TO u63) (1) Yes (9) Didn't know/didn't answer (GO TO u63)</p>
u61	<p>In the PAST 90 DAYS, how much have you spent in total with the physiotherapist?</p>	<p>R\$ _ _ _ _ _ .00 (GO TO u63)</p> <p>(00.0) Did not pay (9999999) Didn't know/didn't answer</p> <p>If the amount was informed, the code 00 will be automatically filled in U62 and it won't be necessary to ask the respondent.</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

u62	<p>What is the range that best represents the amount paid in the LAST 90 DAYS?</p> <p>(SHOW CARD 5)</p>	<p>(0) No expenditure on this item (1) Less than R\$50 (2) Between R\$50 and R\$99 (3) Between R\$100 and R\$149 (4) Between R\$150 and R\$199 (5) Between R\$200 and R\$299 (6) Between R\$300 and R\$399 (7) Between R\$400 and R\$499 (8) Between R\$500 and R\$599 (9) Between R\$600 and R\$699 (10) Between R\$700 and R\$799 (11) Between R\$800 and R\$899 (12) Between R\$900 and R\$999 (13) Between R\$1,000 and R\$1,999 (14) Between R\$2,000 and R\$2,999 (15) Between R\$3,000 and R\$3,999 (16) Between R\$4,000 and R\$4,999 (17) Between R\$5,000 and R\$5,999 (18) Between R\$ 6,000 and R\$ 6,999 (19) Between R\$ 7,000 and R\$ 7,999 (20) Between R\$ 8,000 and R\$ 8,999 (21) Between R\$ 9,000 and R\$ 9,999 (22) R\$10,000 and up (99) Didn't know/didn't answer</p>
u63	<p>In the PAST 90 DAYS, have you paid for a consult/treatment with an occupational therapist?</p>	<p>(0) No (GO TO u66) (1) Yes (9) Didn't know/didn't answer (GO TO u66)</p>
u64	<p>In the PAST 90 DAYS, how much have you spent in total with the occupational therapist?</p>	<p>R\$ _ _ _ _ _ .00 (GO TO u66) (00.0) Did not pay (9999999) Didn't know/didn't answer</p> <p>If the amount was informed, the code 00 will be automatically filled in U65 and it won't be necessary to ask the respondent.</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

u65	<p>What is the range that best represents the amount paid in the LAST 90 DAYS?</p> <p>(SHOW CARD 5)</p>	<p>(0) No expenditure on this item (1) Less than R\$50 (2) Between R\$50 and R\$99 (3) Between R\$100 and R\$149 (4) Between R\$150 and R\$199 (5) Between R\$200 and R\$299 (6) Between R\$300 and R\$399 (7) Between R\$400 and R\$499 (8) Between R\$500 and R\$599 (9) Between R\$600 and R\$699 (10) Between R\$700 and R\$799 (11) Between R\$800 and R\$899 (12) Between R\$900 and R\$999 (13) Between R\$1,000 and R\$1,999 (14) Between R\$2,000 and R\$2,999 (15) Between R\$3,000 and R\$3,999 (16) Between R\$4,000 and R\$4,999 (17) Between R\$5,000 and R\$5,999 (18) Between R\$ 6,000 and R\$ 6,999 (19) Between R\$ 7,000 and R\$ 7,999 (20) Between R\$ 8,000 and R\$ 8,999 (21) Between R\$ 9,000 and R\$ 9,999 (22) R\$10,000 and up (99) Didn't know/didn't answer</p>
u66	<p>In the PAST 90 DAYS, have you paid for a consult/treatment with a speech therapist?</p>	<p>(0) No (GO TO u69) (1) Yes (9) Didn't know/didn't answer (GO TO u69)</p>
u67	<p>In the PAST 90 DAYS, how much have you spent in total with the speech therapist?</p>	<p>R\$ _ _ _ _ _ .00 (GO TO u69)</p> <p>(00) Did not pay (9999999) Didn't know/didn't answer</p> <p>If the amount was informed, the code 00 will be automatically filled in U68 and it won't be necessary to ask the respondent.</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

u68	<p>What is the range that best represents the amount paid in the LAST 90 DAYS?</p> <p>(SHOW CARD 5)</p>	<p>(0) No expenditure on this item (1) Less than R\$50 (2) Between R\$50 and R\$99 (3) Between R\$100 and R\$149 (4) Between R\$150 and R\$199 (5) Between R\$200 and R\$299 (6) Between R\$300 and R\$399 (7) Between R\$400 and R\$499 (8) Between R\$500 and R\$599 (9) Between R\$600 and R\$699 (10) Between R\$700 and R\$799 (11) Between R\$800 and R\$899 (12) Between R\$900 and R\$999 (13) Between R\$1,000 and R\$1,999 (14) Between R\$2,000 and R\$2,999 (15) Between R\$3,000 and R\$3,999 (16) Between R\$4,000 and R\$4,999 (17) Between R\$5,000 and R\$5,999 (18) Between R\$ 6,000 and R\$ 6,999 (19) Between R\$ 7,000 and R\$ 7,999 (20) Between R\$ 8,000 and R\$ 8,999 (21) Between R\$ 9,000 and R\$ 9,999 (22) R\$10,000 and up (99) Didn't know/didn't answer</p>
u69	<p>In the PAST 90 DAYS, have you paid for a consult/treatment with the psychologist?</p>	<p>(0) No (GO TO u72) (1) Yes (9) Didn't know/didn't answer (GO TO u72)</p>
u70	<p>In the PAST 90 DAYS, how much have you spent in total with the psychologist?</p>	<p>R\$ __ __ __ __ __ .00 (GO TO u72)</p> <p>(00) Did not pay (9999999) Didn't know/didn't answer</p> <p>If the amount was informed, the code 00 will be automatically filled in U71 and it won't be necessary to ask the respondent.</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

u71	<p>What is the range that best represents the amount paid in the LAST 90 DAYS?</p> <p>(SHOW CARD 5)</p>	<p>(0) No expenditure on this item (1) Less than R\$50 (2) Between R\$50 and R\$99 (3) Between R\$100 and R\$149 (4) Between R\$150 and R\$199 (5) Between R\$200 and R\$299 (6) Between R\$300 and R\$399 (7) Between R\$400 and R\$499 (8) Between R\$500 and R\$599 (9) Between R\$600 and R\$699 (10) Between R\$700 and R\$799 (11) Between R\$800 and R\$899 (12) Between R\$900 and R\$999 (13) Between R\$1,000 and R\$1,999 (14) Between R\$2,000 and R\$2,999 (15) Between R\$3,000 and R\$3,999 (16) Between R\$4,000 and R\$4,999 (17) Between R\$5,000 and R\$5,999 (18) Between R\$ 6,000 and R\$ 6,999 (19) Between R\$ 7,000 and R\$ 7,999 (20) Between R\$ 8,000 and R\$ 8,999 (21) Between R\$ 9,000 and R\$ 9,999 (22) R\$10,000 and up (99) Didn't know/didn't answer</p>
u72	In the PAST 90 DAYS, have you had expenditures with caregivers or a nursing assistant/technician?	<p>(0) No (GO TO u75) (1) Yes (9) Didn't know/didn't answer (GO TO u75)</p>
u73	In the PAST 90 DAYS, how much have you spent in total with caregivers or nursing assistant/technician?	<p>R\$ _ _ _ _ _ .00 (GO TO u75)</p> <p>(00) Did not pay (9999999) Didn't know/didn't answer</p> <p>If the amount was informed, the code 00 will be automatically filled in U74 and it won't be necessary to ask the respondent.</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

u74	<p>What is the range that best represents the amount paid in the LAST 90 DAYS?</p> <p>(SHOW CARD 5)</p>	<p>(0) No expenditure on this item (1) Less than R\$50 (2) Between R\$50 and R\$99 (3) Between R\$100 and R\$149 (4) Between R\$150 and R\$199 (5) Between R\$200 and R\$299 (6) Between R\$300 and R\$399 (7) Between R\$400 and R\$499 (8) Between R\$500 and R\$599 (9) Between R\$600 and R\$699 (10) Between R\$700 and R\$799 (11) Between R\$800 and R\$899 (12) Between R\$900 and R\$999 (13) Between R\$1,000 and R\$1,999 (14) Between R\$2,000 and R\$2,999 (15) Between R\$3,000 and R\$3,999 (16) Between R\$4,000 and R\$4,999 (17) Between R\$5,000 and R\$5,999 (18) Between R\$ 6,000 and R\$ 6,999 (19) Between R\$ 7,000 and R\$ 7,999 (20) Between R\$ 8,000 and R\$ 8,999 (21) Between R\$ 9,000 and R\$ 9,999 (22) R\$10,000 and up (99) Didn't know/didn't answer</p>
u75	<p>In the PAST 90 DAYS, have you had expenditures with lab exams or imaging exams or other exams?</p> <p>For example: X-ray, tomography etc.</p>	<p>(0) No (GO TO u78) (1) Yes (9) Didn't know/didn't answer (GO TO u78)</p>
u76	<p>In the PAST 90 DAYS, how much have you spent in total with lab exams or imaging exams or other exams?</p>	<p>R\$ _ _ _ _ _ .00 (GO TO u78)</p> <p>(00) Did not pay (9999999) Didn't know/didn't answer</p> <p>If the amount was informed, the code 00 will be automatically filled in U77 and it won't be necessary to ask the respondent.</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

u77	<p>What is the range that best represents the amount paid in the LAST 90 DAYS?</p> <p>(SHOW CARD 5)</p>	<p>(0) No expenditure on this item (1) Less than R\$50 (2) Between R\$50 and R\$99 (3) Between R\$100 and R\$149 (4) Between R\$150 and R\$199 (5) Between R\$200 and R\$299 (6) Between R\$300 and R\$399 (7) Between R\$400 and R\$499 (8) Between R\$500 and R\$599 (9) Between R\$600 and R\$699 (10) Between R\$700 and R\$799 (11) Between R\$800 and R\$899 (12) Between R\$900 and R\$999 (13) Between R\$1,000 and R\$1,999 (14) Between R\$2,000 and R\$2,999 (15) Between R\$3,000 and R\$3,999 (16) Between R\$4,000 and R\$4,999 (17) Between R\$5,000 and R\$5,999 (18) Between R\$ 6,000 and R\$ 6,999 (19) Between R\$ 7,000 and R\$ 7,999 (20) Between R\$ 8,000 and R\$ 8,999 (21) Between R\$ 9,000 and R\$ 9,999 (22) R\$10,000 and up (99) Didn't know/didn't answer</p>
u78	<p>In the PAST 90 DAYS, have you paid for a consult/treatment with a nutritionist?</p>	<p>(0) No (GO TO u81) (1) Yes (9) Didn't know/didn't answer (GO TO u81)</p>
u79	<p>In the PAST 90 DAYS, how much have you spent in total with the nutritionist?</p>	<p>R\$ _ _ _ _ _ .00 (GO TO u81)</p> <p>(00) Did not pay (9999999) Didn't know/didn't answer</p> <p>If the amount was informed, the code 00 will be automatically filled in U80 and it won't be necessary to ask the respondent.</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

u80	<p>What is the range that best represents the amount paid in the LAST 90 DAYS?</p> <p>(SHOW CARD 5)</p>	<p>(0) No expenditure on this item (1) Less than R\$50 (2) Between R\$50 and R\$99 (3) Between R\$100 and R\$149 (4) Between R\$150 and R\$199 (5) Between R\$200 and R\$299 (6) Between R\$300 and R\$399 (7) Between R\$400 and R\$499 (8) Between R\$500 and R\$599 (9) Between R\$600 and R\$699 (10) Between R\$700 and R\$799 (11) Between R\$800 and R\$899 (12) Between R\$900 and R\$999 (13) Between R\$1,000 and R\$1,999 (14) Between R\$2,000 and R\$2,999 (15) Between R\$3,000 and R\$3,999 (16) Between R\$4,000 and R\$4,999 (17) Between R\$5,000 and R\$5,999 (18) Between R\$ 6,000 and R\$ 6,999 (19) Between R\$ 7,000 and R\$ 7,999 (20) Between R\$ 8,000 and R\$ 8,999 (21) Between R\$ 9,000 and R\$ 9,999 (22) R\$10,000 and up (99) Didn't know/didn't answer</p>
u81	<p>Was this section answered with someone else's assistance?</p>	<p>(0) No (1) Yes, partially (2) Yes, totally</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

mf9	<p>Average Systolic Blood Pressure</p> <p>Interviewer: register this average on the form that will be handed to the interviewee.</p> <p>ONLY IF mf3 OR mf5 OR mf7 ≠ (999)</p>	<p> _ _ _ _ mmHg</p> <p>Amount informed by the tablet.</p> <p>This amount should be recorded in the <i>Blood pressure and anthropometric measurements results form</i> to be delivered to the interviewee at the end of the interview.</p>
mf10	<p>Average Diastolic Blood Pressure</p> <p>Interviewer: register this average on the form that will be handed to the interviewee.</p> <p>ONLY IF mf4 OR mf6 OR mf8 ≠ (999)</p>	<p> _ _ _ _ mmHg</p> <p>Amount informed by the tablet.</p> <p>This amount should be recorded in the <i>Blood pressure and anthropometric measurements results form</i> to be delivered to the interviewee at the end of the interview.</p>
	HEIGHT	
	I would like to measure your height. Please, remove your shoes and stand up with your feet and heels together and your back and head pressed against the support. I'll show you.	
mf11	<p>Height</p> <p>(first measurement)</p>	<p> _ _ _ _ cm</p> <p>(99999) Didn't do, thought it was risky (GO TO mf14)</p> <p>(99888) Didn't do, incapacitated (GO TO mf14)</p> <p>(99777) Didn't do, bedridden (GO TO mf14)</p> <p>(99666) Refused (GO TO mf14)</p>
mf12	<p>Height</p> <p>(second measurement)</p>	<p> _ _ _ _ cm</p> <p>(99999) Didn't do</p> <p>If the participant performs only the first measurement, the system will skip to the measurement of the waist circumference.</p>
mf13	<p>Average height</p> <p>Interviewer: register this average on the form that will be handed to the interviewee.</p> <p>ONLY IF mf11 OR mf14 ≠ (999, 998, 997, 996)</p>	<p> _ _ _ _ cm</p> <p>Amount informed by the tablet.</p> <p>This amount should be recorded in the <i>Blood pressure and anthropometric measurements results form</i> to be delivered to the interviewee at the end of the interview.</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

mf14	Can you tell me your height?	(0) No (GO TO mf16) (1) Yes
mf15	Please tell me your height:	_ _ _ cm
	WAIST CIRCUMFERENCE	
mf16	Waist circumference (First measurement)	_ _ _ cm (9999) Didn't do (GO TO mf18) (9988) Refused (GO TO mf18)
mf17	Waist circumference (Second measurement)	_ _ _ cm (9999) Didn't do
	HIP CIRCUMFERENCE	
mf18	Hip circumference (First measurement)	_ _ _ cm (9999) Didn't do (GO TO mf20) (9988) Refused (GO TO mf20)
mf19	Hip circumference (Second measurement)	_ _ _ cm (9999) Didn't do
	WEIGHT	
mf20	Weight (First measurement)	_ _ _ _ . _ kg (99999) Didn't do (GO TO mf23) (99999) Didn't do, thought it was risky (GO TO mf23) (99888) Didn't do, incapacitated (GO TO mf23) (99777) Didn't do, bedridden (GO TO mf23) (99666) Refused (GO TO mf23)
mf21	Weight (Second measurement)	_ _ _ _ . _ kg (99999) Didn't do
mf22	Average weight Interviewer: register this average on the form that will be handed to the interviewee. ONLY IF mf20 OU mf21 ≠ (999, 998, 997, 996)	_ _ _ _ . _ kg Amount informed by the tablet. This amount should be recorded in the Blood pressure and anthropometric measurements results form to be delivered to the interviewee at the end of the interview.
mf23	Can you tell me your weight?	(0) No (GO TO mf25) (1) Yes
mf24	Please tell me your weight:	_ _ _ _ Kg
	HAND GRIP STRENGTH	
	Now I will use an instrument called dynamometer to test the strength of your hand. This test can only be performed if you hadn't undergone any arm surgery in the last three months.	

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

mf25	IN THE LAST THREE MONTHS, have you had any surgery performed on the arm or hand that you use most frequently (dominant hand)?	(0) No (1) Yes (GO TO mf31)
	<p>Instruction</p> <p>I'll show you how to perform the test.</p> <p>Use the arm that you think it's stronger. Bend your elbow about 90° and keep the wrist in a neutral position. Don't let the arm touch the body or flex it while pressing the device. Take both metal pieces together like this (demonstrate it). Do I need to adjust the device for your size?</p> <p>When I tell you "now", press very hard. As hard as you can. The two metal pieces won't move, but I'll be able to see the intensity of your strength. I'll perform this test three times. Let me know if you feel any pain or discomfort.</p> <p>You can test once using your non-dominant hand and then you must perform the test three times.</p> <p>Interviewer: make sure the device is adjusted to the interviewee's hand.</p>	
mf26	Hand used in the test	(0) Right (1) Left
mf27	<p>First attempt</p> <p>Now press very hard. As hard as you can. Tell me if you feel any pain or discomfort.</p> <p>Verbal command to perform the Hand Strength Test</p> <p>Verbal command: "Attention, ready, now!"</p> <p>Encouragement during the test: "Harder, harder, harder!"</p>	<p> _ _ _ _ kg</p> <p>(9555) Tried, but failed (9666) Didn't try, thought it was risky (9777) Incapacitated (9888) Refused</p>
mf28	<p>Second attempt</p> <p>Now press very hard. As hard as you can. Tell me if you feel any pain or discomfort.</p> <p>Verbal command to perform the Hand Strength Test</p> <p>Verbal command: "Attention, ready, now!"</p> <p>Encouragement during the test: "Harder, harder, harder!"</p>	<p> _ _ _ _ kg</p> <p>(9555) Tried, but failed (9666) Didn't try, thought it was risky (9777) Incapacitated (9888) Refused</p>



Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

mf29	<p>Third attempt</p> <p>Now press very hard. As hard as you can. Tell me if you feel any pain or discomfort.</p> <p>Verbal command to perform the Hand Strength Test</p> <p>Verbal command: "Attention, ready, now!"</p> <p>Encouragement during the test: "Harder, harder, harder!"</p>	<p> _ _ _ _ kg</p> <p>(9555) Tried, but failed (9666) Didn't try, thought it was risky (9777) Incapacitated (9888) Refused</p>
BALANCE TEST		
	<p>Now I would like to perform some tests to measure your mobility and flexibility. First I'll show you how to do each movement and, then, I would like you to try to repeat the movements. If you feel you can't do it or if you don't want to do it, please let me know and we'll proceed to another test.</p>	
	Feet side by side	
	<p>I would like you to stand up, with your feet together, side by side, keeping your eyes opened. You can use either foot, the one that gives you more stability. I'll show you how.</p> <p>You can move your body to balance, you can use your arms, bend your knees, but try not to move your feet.</p> <div data-bbox="788 1189 1034 1440" data-label="Image"> </div>	
mf30	<p>When I tell you, you may start.</p> <p>Please keep this position until I tell you.</p> <p>Interviewer: give the command to start.</p> <p>Interviewer: stop the timer at 10 (ten) seconds.</p> <p>Register the performance time.</p>	<p> _ _ _ . _ _ seconds</p> <p>(9666) Didn't try, thought it was risky (9888) Refused to try (9999) Incapacitated</p>
One foot a little ahead of the other		

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

	<p>Now I would like you to try to stand up with the heel of one foot leaning against the toe side of the other foot. You can use either foot, the one that gives you more stability. I'll show you how.</p> <p>You can move your body to balance, you can use your arms, bend your knees, but try not to move your feet.</p> 	
mf31	<p>When I tell you, you may start.</p> <p>Please keep this position until I tell you.</p> <p>Interviewer: give the command to start.</p> <p>Interviewer: stop the timer at 10 (ten) seconds.</p> <p>Register in seconds how long the interviewee was able to keep the position.</p>	<p> _ _ _ . _ _ _ seconds</p> <p>(9666) Didn't try, thought it was risky (9888) Refused to try (9999) Incapacitated</p>
	One foot behind the other	
	<p>In this test, I would like you to try to stand up, with the heel of one foot in front of the other (touching the toes of the other foot). You can use either foot, the one that gives you more stability. I'll show you how.</p> <p>You can move your body to balance, you can use your arms, bend your knees, but try not to move your feet.</p> 	

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

mf32	<p>Interviewer: elderly of 69 years of age or younger, the time of the test will be 30 seconds.</p> <p>When I tell you, you may start.</p> <p>Please keep this position until I tell you.</p> <p>Interviewer: give the command to start.</p> <p>Interviewer: stop the timer at 10 (ten) seconds.</p> <p>Register in seconds how long the interviewee was able to keep the position.</p>	<p> _ _ _ . _ _ _ seconds</p> <p>(9666) Didn't try, thought it was risky (9888) Refused to try (9999) Incapacitated</p>
mf32	<p>Interviewer: elderly of 70 years or older, the time of the test will be 10 seconds.</p> <p>When I tell you, you may start.</p> <p>Please keep this position until I tell you.</p> <p>Interviewer: give the command to start.</p> <p>Interviewer: stop the timer at 10 (ten) seconds.</p> <p>Register in seconds how long the interviewee was able to keep the position.</p>	<p> _ _ _ . _ _ _ seconds</p> <p>(9666) Didn't try, thought it was risky (9888) Refused to try (9999) Incapacitated</p>
	WALKING TEST	
	<p>Now I will ask you to walk from one point to another in this path. Please walk in your normal walking speed, that is, just as you walk on the street to go to a store. We'll perform this test TWICE. I'll show you how.</p> <p>Interviewer: use the chain to measure the three meters distance on the ground. Place the masking tape to indicate the starting and finishing points.</p> <p style="text-align: center;">DO NOT PERFORM THE TEST WITH THE CHAIN</p> <p>During the test walk a little behind the interviewee so you won't interfere on the test performance, but at a distance that allows you to help him/her if necessary.</p> <p>The timer must be stopped when the interviewee overcome the finishing line with one of his/her feet.</p>	
mf33 mf34 mf35	<p>First attempt</p> <p>When I tell you, you may start.</p> <p>Interviewer: give the command to the interviewee start walking. Record the performance time in seconds.</p>	<p> _ _ _ minutes _ _ _ seconds _ _ _ hundredths of a second</p> <p>(9666) Didn't try, thought it was risky (9888) Refused to try</p>

Questionnaire

Brazilian Longitudinal Study of the Elderly Health and Wellness (ELSI-Brasil)

mf36 mf37 mf38	<p>Second attempt</p> <p>Now let's repeat the walk. Remember that you need to walk from one point to another in your normal walking speed.</p> <p>When I tell you, you may start.</p> <p>Interviewer: give the command to the interviewee start walking. Record the performance time in seconds.</p>	<p> _ _ minutes _ _ seconds _ _ hundredths of a second</p> <p>(9666) Didn't try, thought it was risky (9888) Refused to try</p>
mf39	Interviewer: Did the respondent use any device or support instrument to perform the walk?	<p>(0) No (1) Yes</p>
mf40	Relevant observations	

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Personal contacts

	We would like to interview you again in two years. So I ask you to give us information about people who can help us locate you in case you change your address or move to another city.	
cp1_1 a cp1_4	Name	_ _ _ _ _ _ _ _ _ _ _ _ _ _ _
cp2_1 a cp2_4	Address	_ _ _ _ _ _ _ _ _ _ _ _ _ _ _
cp3_1 a cp3_4	House number	_ _ _ _ _ _ _
cp4_1 a cp4_4	Apartment number	_ _ _ _ _ _ _
cp5_1 a cp5_4	Neighborhood	_ _ _ _ _ _ _ _ _ _ _ _ _ _ _
cp6_1 a cp6_4	City	_ _ _ _ _ _ _ _ _ _ _ _ _ _ _
cp7_1 a cp7_4	State	_ _ _ _ _ _ _ _ _ _ _ _ _ _ _
cp8_1 a cp8_4	Zip code	_ _ _ _ _ _ _ - _ _ _ _ _
cp9_1 a cp9_4	Landline	(_ _ _ _) _ _ _ _ _ _ _ _ _ _ _ _
cp10_1 a cp10_4	Mobile phone	(_ _ _ _) _ _ _ _ _ _ _ _ _ _ _ _
cp11_1 a cp11_4	e-mail	_ _ _ _ _ _ _ _ _ _ _ _ _ _ _
cp12_1 a cp12_4	Relationship with the respondent	(1) Father/mother (2) Child (3) Son or daughter-in-law (4) Sibling (5) Cousin (6) Neighbor (7) Friend (8) Other

Characteristics of the proxy respondent

ci1	Interviewer: Have any part of the survey or all of it been answered by a proxy?	(1) Yes (2) No (GO TO ci10)
ci2	Date of birth of the proxy	_ _ _ / _ _ _ / _ _ _ _ _ _ Day Month Year
ci3	Age of the proxy	_ _ _ years old
ci4	Gender of the proxy	(1) Male (2) Female
ci5	Education (highest grade) of the proxy	(0) Never studied (1) 1st Grade (Elementary School) (2) 2nd Grade (3) 3rd Grade (4) 4th Grade (5) 5th Grade (6) 6th Grade (Middle School) (7) 7th Grade (8) 8th Grade (9) 9th Grade (High School) (10) 10th Grade (11) 11/12th Grade (12) Some college (incomplete) (13) College complete (14) Specialization/medical residency (15) Master's degree/PhD (99) Didn't know/didn't answer
ci6	What is the relationship between the proxy and the respondent?	(1) Spouse/partner (2) Child (3) Son or daughter-in-law (4) Grandchild (5) Sibling (6) Other relative (7) No family relationship
ci7	Does the proxy live with the respondent?	(0) No (GO TO ci9) (1) Yes
ci8	How long have the proxy been living with the respondent?	_ _ _ years (0) Less than 1 year (9) Didn't know/didn't answer
ci9	For how long have the proxy known the respondent?	_ _ _ years (0) Less than 1 year (9) Didn't know/didn't answer
ci10	Interview results	() Interview complete () Interview complete with a proxy reporter () Interview complete with an informer () Interview incomplete () Interview postponed. For what reason? () Absent () Never found

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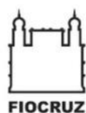
		<input type="checkbox"/> Refused <input type="checkbox"/> Impairment and without informer <input type="checkbox"/> Other reasons. What?
ci11	For which reason don't you want to continue this interview?	<input type="checkbox"/> (0) Lack of interest <input type="checkbox"/> (1) Lack of time <input type="checkbox"/> (2) Health issues <input type="checkbox"/> (3) Other reasons
	Notes:	

ELSI BRASIL

Brazilian Longitudinal
Study of Aging

Contact

www.elsi.cpqrr.fiocruz.br



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