

## MINISTÉRIO DA SAÚDE SECRETARIA DE CIÊNCIA, TECNOLOGIA E INSUMOS ESTRATÉGICOS DEPARTAMENTO DE CIÊNCIA E TECNOLOGIA

Brasília, January 2015

Dear Health Secretary

## The Brazilian Longitudinal Study of Ageing (ELSI-Brasil)

I would like your support to disseminate the ELSI-Brasil project in your municipality through the use of both posters and survey information leaflets within the health units of the areas selected to participate in the survey.

ELSI-Brasil is funded by the Department of Science and Technology (DECIT) of the Science, Technology and Strategic Inputs Secretariat (SCTIE) and by the Strategic Programmatic Actions Department (DAET) of the Health Care Secretariat (SAS) from the Ministry of Health and also from the Ministry of Science, Technology and Innovation (MCTI). Its innovative scientific approach will generate strategic information that will in turn help the Unified Health System (SUS) to develop and implement policies that would promote successful ageing and the improvement of the health care of older adults.

The sample size will comprise 10,000 participants aged 50 years and older from 70 municipalities across different geographical regions. From each municipality between 50 and 700 older adults will be selected to take part in the study. The survey will be done through a household interview, physical measurements (blood pressure, anthropometric measures and physical functioning measures) and also blood sample collection. A complex sampling design was used in order to select a representative sample of the Brazilian population aged 50 years and older. After the baseline data collection which will include an interview, physical measurements and blood collection, the follow-up waves will be every two years.

The results from blood pressure readings, anthropometric measurements and blood tests results will be reported to the participant. In an event of any problem during the physical assessment or an abnormal blood test result that demand an emergency the participant will be informed and referred to a health service unit (linked to the local SUS) accredited in the municipality where he/she lives by the National Registry of Health Services. Since your municipality was chosen to take part in this project I would like your help to disseminate ELSI-Brasil within your local unified health system.



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The Ministry of Health, the Ministry of Science, Technology and Innovation and the ELSI-Brasil research team are available for any further questions you may have regarding this project. Please find attached the contact details for the coordinators of ELSI-Brasil.

Yours sincerely,

## JARBAS BARBOSA DA SILVA JÚNIOR

Secretary of the Science, Technology and Strategic Inputs Secretariat

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